

Connections: PURRRRR

WHAT IS IT?

Connections: PURRRRR is a group of peers coming together to learn new ways to deal with everyday stress, meet new people, and create community.

DETAILS:

Group is free and open to High School + girls and young women*. **Connections: PURRRRR** will meet on Tuesdays at 4 - 5:30 p.m. for six weeks at the Young Women's Resource Center (818 5th Ave. Des Moines). *We define girls as those who have been socialized and/or identify as female, including trans and non-binary individuals.

HOW TO SIGN-UP:

RSVP online by using the QR code to the right or going to ywrc.org/programs/connections.

