

YOUNG WOMEN'S RESOURCE CENTER



2017 - 2018 ANNUAL REPORT



WHO WE ARE

OUR MISSION

To embrace and inspire girls and young women* to become strong, self-confident and successful.

*We define 'girls and young women' as any persons who have been socialized and/or identifies as female.

OUR VISION

For all girls and young women in our community to realize their full potential.

FOUR PILLARS

self-esteem
healthy relationships
reproductive health
young moms

FROM THE BOARD PRESIDENT

2018 is an exciting year for the Young Women's Resource Center as it marks the 40th anniversary since Louise Noun and her contemporaries first established the organization to fill a critical need in our community. Since the start, the mission of the YWRC to embrace and inspire girls and young women to become strong, self-confident, and successful has not waived.

Over the last 40 years, the YWRC has provided services to more than 30,000 young women in our community, providing measurable outcomes in their lives and across Central Iowa.

To recognize 40 years of truly making a difference, the YWRC planned an event for each month in 2018 to help raise awareness of ongoing community needs, how the YWRC is uniquely positioned to meet those needs and how we leverage key partners in the community. More than 1,480 community members attended the first six events of 2018. It is my hope that you will have attended several of these unique events by the end of 2018, helping us to reflect on where we've been, where we are now, and where we may be in the next 40 years. These events provide an opportunity to see firsthand what a difference the YWRC is making in our community.

Thank you for all the tremendous support so many of you have provided throughout the last 40 years. We could not be successful without all the support we get from community members like you who provide time, talent and treasure in support of the mission of the YWRC.



FROM THE EXECUTIVE DIRECTOR

A common theme has presented itself this past year through the feedback we've received from our clients, stakeholders and staff: the world continues to become a more difficult place for girls and young women to navigate. In the last 12 months, girls and young women have shared concerns about feeling like their rights are under attack, their discouragement on continued pay inequity, and ongoing safety risks including sexual assault and abuse.

In consideration of this cultural background, we have spent the past year focusing on three major initiatives to provide opportunities to counteract negative experiences and create lasting, positive impact: cutting edge trauma and resiliency work, a new Advocacy Committee and our 40th Anniversary celebration.

The YWRC continues work towards becoming a Trauma Informed Care organization that truly understands the impact of trauma on the girls and young women we serve. This includes the recent development of a new tool to measure changes in resiliency. While we cannot undo trauma clients experience, we can help them overcome associated negative impacts by building resiliency skills. We regularly measure client resiliency changes and use that data to drive programming improvements.

It has been a remarkable anniversary year, made possible by the hard work and passion of our dedicated staff, board, volunteers and extraordinary clients. Thank you for your continued support and belief in our mission.



KEITH KARPINSKE

FY17-18 Board President

KRISTIN GRIFFITH

Executive Director

WHO WE ARE

YWRC BOARD, STAFF AND ADMINISTRATIVE COMMITTEES

EXECUTIVE BOARD

Keith Karpinske, President
Anne M. Howsare Boyens,
Vice President
Lora McCollom, Secretary
Rhonda Elming, Treasurer
Teri Button, Past President

Ariadna Arias Rosario
Jennie Lillis Baranczyk
Rona Berinobis
Kathy Barton
Heidi Buttolph
Ron Hanson
Karman Hotchkiss
Susan Knapp
Jill Lippincott
Laura Luther
Jerry Sharpe
Annie von Gillern
Amanda Young



YWRC STAFF

Sonia Ashe
Frieda Bequeaith
Sierah Bougher
Marcia Bradley
Jerry Dysart
Kathy Dysart
Gary Elliston
Ashley Ezzio
Lea Farho
Marilyn Garrett
Mary Gordon
Kristin Griffith
Tom Hawkins
Kahara Hunafa
Tony Jackson
Tamra Jurgemeyer
Jessica Kincaid
Mary Lutz
Erin Moran
Max Mowitz
Claire Mraz
Sarah Myren
Jennifer Mesecher Ogg
Tara Ray
Emma Swanson
Amy Tiefenthaler

ADVOCACY

Ariadna Arias Rosario
Teri Button
Kirsten Bosch
Susan Judkins
Brenda Kole
Sarah Ramsey
Midge Slater
Georgia Van Gundy

FINANCE

Rhoda Elming
Jean Fisher-Hraha
Janelle Friedman
David Ketcher
Ron Lourie
Laura Luther
Brian K. Newton
Katie Phillips

FUND DEVELOPMENT

Marilynn Cedarstrom
Keith Karpinske
Brianna Kinsley
Susan Knapp
Emily Shearer
Nikki Syverson
Rachel Woodhouse

GOVERNANCE

Heidi Buttolph
Ron Hanson
Karman Hotchkiss
Lora McCollom
Jerry Sharpe

MARKETING

Kathy Barton
Brook Benschoter
Rona Berinobis
Heidi Buttolph
Katelynn T. McCollough
Kat Mahr
Teresa Roof
K'Lyn Uhl
Laurie Weber
Megan West

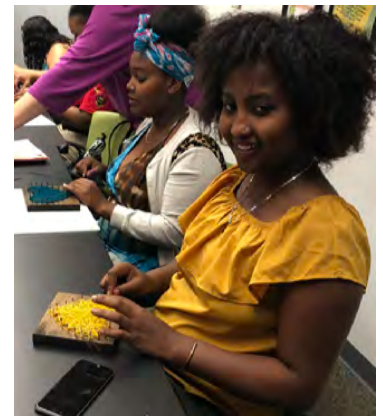
PROGRAM

Ariadna Arias Rosario
Laurel Bruntz
Mindy Moore
Heather Groben
Annie Von Gillern
Amanda Young

YOUNG EMPOWERMENT PARTNERSHIP

Emily Bahnsen
Kathy Barton
Ashley Bethel
Karla Bromwell
Sara Brown
Laurel Bruntz
Ryan Crane
Ariane Criger
Shelbie Hill
Sara Hopkins
Cooper Hubbell
Christina Jarck
Jenalee Jiskoot
Amber Johnson
Jill Lippincott
Stephanie Paz
Amy Pellegrin
Becky Reif
Carissa Schmidt
Emily Shearer
Adrianne Ximenez

"I LIKED THAT I FELT LIKE I COULD BE MYSELF" – 5TH GRADE EMPOWERMENT GROUP PARTICIPANT



IMPACT

1721

of individual clients served through Empowerment, Young Moms and Therapy Programs

of types of Empowerment, Young Moms and Therapy groups provided

17

46

of schools throughout Greater Des Moines with unique, facilitated YWRC programs

of rides the YWRC provided to and from our programs to ensure participants can access services

6168

SPECIAL CLIENT EVENTS

Events are held for girls and young women ages 10 - 21 (including those who may not otherwise be engaged with the YWRC) and include the Back to School Bash, Winter Party, Empowerment Workshop and Young Moms Program Graduation Picnic.

81% of all Empowerment and Young Moms participants showed improvement in at least one resiliency component.

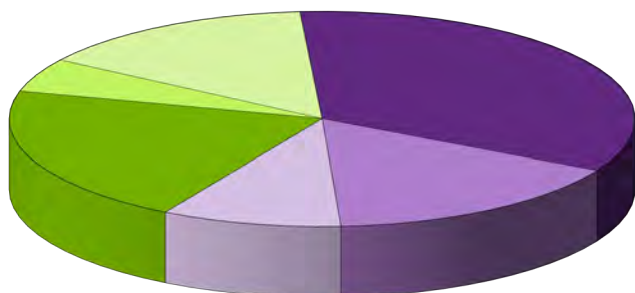
81%

YWRC PROGRAM GOALS:

- Provide strategies to build healthy relationships and eliminate risky behaviors.
- Build self-esteem through curriculum-based activities and community service.
- Deliver developmentally appropriate reproductive health education.
- Support Young Moms through education and high school completion.

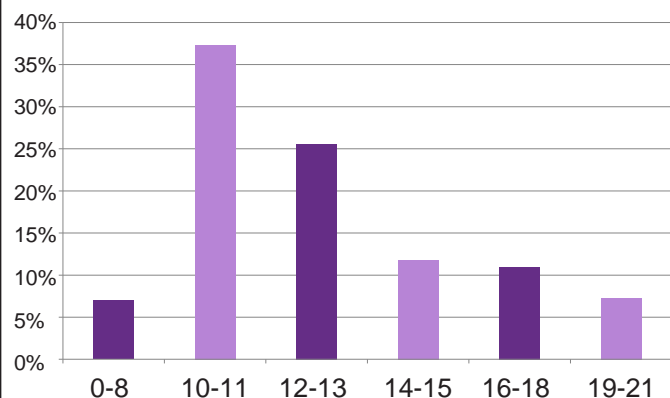


RACE OF CLIENTS



African American - 21%
 Asian - 5%
 Multiracial - 15%
 Caucasian - 34%
 Hispanic - 16%
 Other - 9%

AGE OF CLIENTS



(0-8 reflects the ages of young moms' children served)

RESILIENCY

YWRC PARTICIPANT YOUTH TRAUMAS/ACEs EXPERIENCE DATA:

78%

of participants have experienced at least one youth trauma (ACE) in their lives. The state average is 56%.

of participants have experienced four or more youth traumas (ACEs). The state average is 15%.

32%



WHAT ARE YOUTH TRAUMAS/ACEs?

Situations experienced in youth that are overwhelming and/or threatening. Including:

- Family death/serious illness
- Emotional, physical or sexual abuse
- Lack of food/clothing/shelter
- Family mental illness
- Family substance abuse
- Family deportation, separation or divorce

WHY WE FOCUS ON RESILIENCY:

There is a direct correlation between trauma and later-in-life physical health conditions such as diabetes, heart disease, high blood pressure, depression and substance abuse. While this can seem daunting, the good news is that we know building resiliency and protective factors lessens or reverses these negative effects so our participants can have healthier, brighter futures.

RESILIENCY: the ability to thrive, adapt and cope despite difficult times



Connections
& Strong Social
Networks



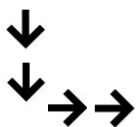
Coping &
Self-Control



Confidence
& Self-Esteem



Competency &
Sense of Purpose



Building the four resiliency skills listed above positively impacts participants' lives now and in the future.

HOW WE MEASURE OUTCOMES:

The YWRC measures baselines and changes in client resiliency to inform decisions on how we can best equip participants with these crucial skills through program development, content and delivery.

43%

of participants showed improvement in the Confidence & Self-Esteem resiliency skill, including the ability to identify personal strengths, reframe negative experiences and acceptance of self.

EMPOWERMENT

1428
individuals served

Empowerment program curriculum focuses on supporting girls and young women through lessons in developing self-esteem, positive body image, healthy relationships/friendships and reproductive health.

IN SCHOOL GROUPS

In School Groups offer support and education on topics including mediation and student-led conflict resolution in addition to the topics listed above.

AFTERSCHOOL GROUPS

Weekly 5th - 12th grade groups hosted at the YWRC include hands-on activities, field trips, speakers and service projects.

THERAPY

Cognitive and art therapy are offered in individual and group settings and are provided by masters-level mental health professionals.

SUMMER PROGRAMS

This unique programming offers girls and young women an interactive, supportive and safe environment to learn and grow with their peers during the summer months.

CONNECTIONS

Group for impulse control, anger management and healthy decision-making are facilitated by a mental health professional.

HIT THE GROUND RUNNING

This empowerment and running group is focused on building resiliency through healthy movements.

LOTUS

A program that explores creative expressions like painting, movement, music and more to build self-esteem, healthy relationships and resiliency.

MARIPOSA

A Latina group provided to encourage leadership through service, activities, speakers and discussions.

SHEROES

A high school leadership group focused on volunteerism and philanthropy throughout the community.

11

of feminist businesses visited by groups for lessons on leadership and access to new, positive role models

of coping skills boxes created by After School Groups

6

70

of participants who mastered 5 to 7 skills, increasing their overall resiliency

of schools Empowerment groups were held in

38

EMPOWERMENT SPOTLIGHT: HOLLIE TROGDON

"Hollie has a way of making everyone feel safe and included. She listens and shares her experiences/advice. She truly cares about her peers. The girls in group know they can count on Hollie no matter what, in positive times and challenging times."



- Amy, Mental Health Therapist

YOUNG MOMS

Young Moms programs equip pregnant and parenting young women with the support, education and skills needed to be successful. Topics include self-sufficiency, child birth options, child development stages and the importance of education.

324

individuals served

95

% of babies born to participating Young Moms born at a healthy birth weight, compared to the average of 88% in Polk County

of YMs who attended a car seat safety course at the YWRC

25

72

% of YMs who graduated high school on time, compared to the national average of only 40%

of Young Moms groups held in public schools

8

YOUNG MOMS SPOTLIGHT: ANA DELGADO

"Ana is a perfect example of how powerful and strong young moms can be. She has worked incredibly hard to be not only a fantastic mother, but also an all-around successful adult in the Des Moines community. Ana is always positive, willing to help and supportive of other moms."



- Emma, Parenting & Life Skills Specialist



"THE BEST THING ABOUT YOUNG MOMS IS GETTING TO SOCIALIZE WITH OTHER MOMS MY AGE AND LEARNING NEW THINGS AT THE SAME TIME." - YM PARTICIPANT

PREGNANCY AND CHILDBIRTH GROUPS

Comprehensive pregnancy, labor, birth and postpartum education is provided for pregnant young women.

PARENTING AND LIFE SKILLS

This group provides parenting education and support in a peer-to-peer setting where young moms build relationships with peers with similar experiences and learn practical skills for parenting.

BETTER BEGINNINGS DOULA PROGRAM

Young moms are connected with Doulas who provide practical support, mentoring and coaching before, during and after the birth.

INDIVIDUAL SUPPORT PROGRAM (ISP)

One-on-one, tailored support designed to help young moms overcome obstacles and achieve self-sufficiency through attainment of critical life skills.

MARILYN JEFFRIES SCHOLARSHIP

Scholarships for the pursuit of higher education are available to young moms.

THERAPY

Individual and group therapy services are provided by masters-level mental health professionals.



VOLUNTEERS & COMMUNITY

339

of volunteers who gave their time, energy and skills through boards, committees, childcare and special projects

of hours volunteered during FY17-18

3142

77

of community members who volunteered by actively participating on a special event committee

of attendees who joined us for special events

2254

THANK YOU

to our volunteers for their hard work, time and talent. We are grateful for the significant, positive impact our volunteers make every year.



CHILDCARE, MEAL DONOR, PROGRAM, Y-DUB CLUB AND SPECIAL PROJECT VOLUNTEERS

Lori Abendroth
Angela Antenucci
Ashleigh Arndorfer
Brooke Barry
Lisa Barton
Linsey Birusingh
Becky Bishop
Anna Blobaum
Cindy Blobaum
Haley Blum
Nadiah Bougher
Sarah Bougher
Megan Boyd
Emily Brown
Molly Bryant
Megan Burns
Natalie Caldwell
Jessica Campbell
Dug Campbell
Jasmin Coffin
Kristin Colpoys
Isabella Conrad
Ellen Converse
Karly Cooper
Holly Comer and team
Kris Coy
Shelby Cravens
Jessica Crawford
Melissa Culbertson

Christina Culek
Amber Darby
Shelby Daum
Morgan Daves-Gehrls
Claire Davison
Hannah Dewey
Christine Diepenbrock
Sara Donovan
Kevin Drew
Sarah Duncan
Noelle Erickson
Ashley Evans
Lea Farho
Sondra Feldstein and 4H team
Sharon Fife
Jennifer Flemming
Veronica Fowler
Brooke Garrett
Helen Garst
Rachel Garst
Victoria Gazda
Avilah Getzler
Renee Gilette
Sydnie Gutzmann
Erin Haberman
Olivia Hains
Mollie Hammer

Shannon Hansen
Kim Hanson
Lauren Haugh
Lindsay Hawkins
Shonda Hay
Karen Henderson and friends
Shannon Henson
Hickman Church of Christ
Chelsea Hoffman
Katie Hollicker
Tome Hope
Jeanne Hopson
Kelsey Howard
Cynthia Hunafa
Amber Johnson
Erin Johnson
Shaddai Johnson
Sid Juwarker
Jialana Kaldenberg
Connie Karloff
Carrie Kayser
Annie Kelly
Kassaundra Kennerly
Yvette Keyes
Kaitlyn Klein
Emily Kolbe
Teresa Konfirst

Chris Lachky
Lisa Lacona
Patty Lake
Link Associates
Stephani Livingston-Smithson
April Ludwig
Ann Lueck
Staci Mason
Shaunna Maxwell
Misha McCurnin
Meredith McDonald
Maren McGurran
Gina Messamer
Kelsey Michell
Zoey Miller
Jean Minahan
Katie Mitchell
Sydney Moore
Erin Moran
Jean Moran
Bri Moreland
Ariana Morrow
Dave Mowitz
Jessica Murtaugh
Jenna Neel
Amy Oakley
Tanya Ogden
Ashley Olson
Lynae Opdahl

Heidi Palmer
Morgan Parkhurst
Manisha Paudel
Madeline Pavlik
Marti Payseur
Emmett Phillips
Erin Piel
Susie Pitzen
Alexis Privett
Mariana Quinones
Naomi Ramsay
Jessica Rebouche
Brooke Reynolds
Carolina Rivera
Alexis Rivett
Jayda Robinson
Madison Romano
Emily Sadecki
Josie Schuler
Emily Shearer
Faith Sherman
Vicki Signor
Abby Sinclair
Courtney Smith
Jonya Smith
Kelsey Spading
St. John's Lutheran Church
Veronica Stafford
Amy Stanwood

Diane Storey
Marnie Strate
Nicole Tesch
Samantha Jo Tetteh
Song Thennes
Charlesa Thompson
Dawn Thorpe
Kim Thuente
Jamie Thurston
Leah Tokheim
Caressa Trapp
McCurnin
Emma Van Endewyk
Julia Van Liew
Brandi Vennink
Kelsey Vertuel
Andrea Vitzthum
Chelsea Waits
Kevin Walker
Jasmine Ward
Anna Wattles
Julie Weichman
Brittany Wells
Hayley Westbrook
Lanai Whidbee
Alyssa Womble
Alyssa Zipperer

Learn more about volunteering at ywr.org/get-involved.

VOLUNTEERS & COMMUNITY

40TH COMMITTEE

Shannon Bielski
Liz Bredeson
Laurel Bruntz
Mary Chapman
Jann Freed
Terry Hernandez
Karman Hotchkiss
Margaret Jensen Connet
Nicole Lorenson
Ashley Mori
Lori Rinehart
Patrice Sayre
Lucy Solarz
Caron Weldin

GALA COMMITTEE

Georgette Longnecker,
co-chair
Maria Volante,
co-chair

Katrina Beery
Brooke Benschoter
Marilynn Cedarstrom
Laurel Howell
Anne Howsare Boyens
Pat Martin
Jenna Thompson
Megan West

CELEBRITY SERVERS

Beth Coonan, co-chair
Frank Vaia, co-chair

Emily Abbas
Sabrina Ahmed Zenor
Jonathan Brendemuehl
Bob Brownell
Bunny Bruning
Jennifer Bryant
Lauren Burt
Tim Coonan
Johnny Danos
Jeremiah Elbel
Beau Foder
Cynthia Fodor
Sharla Fraker-Zubulake

Rosalie Gallagher
Tim Hickman
Lynn Hicks
Daniel Hoffman-Zinnel
Carolyn Jenison
Joseph Jones
Lana Jones-Gould
Aliou Keita
Chad Kleppe
Susan Knapp
Jenna Knox
Cyd Koehn
Kathryn Kunert
Randy Kunert
Lisa Lavalie
Lana Leander
Liz Lidgett

Soozie Mcbroom
Lora Mccollom
Maureen Mondora
Gerry Neugent
Mary Lou Neugent
Katie Patterson
Cassie Sampson
Natasha Sayles
Jackie Schmillen
Pat Schneider
Linda Shevlin
Traci Shoemaker
John Shors
Patsy Shors
Loretta Sieman
Lou Sipolt
Georgia Van Gundy

We ended a successful 2017 with annual special events breaking previous fundraising records, while 2018 kicked off our 40th Anniversary Event Series celebration. Below is a glimpse of the fund- and friend-raisers we hosted throughout the FY17-18 year.

CELEBRITY SERVERS

646 attended; \$70,927 raised
October 2, 2017
Centro and Django

PCWA BASKET AUCTION

181 attended; \$28,989 raised
October 19, 2017
The Temple for Performing Arts

SEX TRIVIA NIGHT

60 attended; \$986 raised
October 25, 2017
Streetcar 209



ROLLER DISCO

148 attended; \$1,126 raised
January 21, 2018
Skate South

MENSTRUAL SOCIAL

208 attended
February 13, 2018
YWRC

WOMEN'S HISTORY LUNCHEON

220 attended
March 20, 2018
The Tea Room

YWRC GALA

600 attended; \$145,000 raised
April 14, 2018
The Ron Pearson Center

MOM'S NIGHT OUT

90 attended
May 4, 2018
Noce

FUN IN THE SUN

101 attended; \$3620 raised
June 24, 2018
Jasper Winery



YEAR IN FINANCIALS

1077

of individual donors

\$128

Average individual gift

of new
individual donors

236

Average major
gift (equal to or
more than \$500)

\$1,304

\$251,446

Total amount raised from special
events throughout FY17-18

REVENUES



- United Way - 27%
- Contracts - 10%
- Contributions - 54%
- Investment Income - 9%

CONTRIBUTIONS



- Special Events - 51%
- Corporations and Foundations - 26%
- Individual Giving - 23%

EXPENSES



- Fundraising - 13%
- Program Services - 79%
- Administration - 8%

PROGRAM EXPENSES



- Indirect Program - 11%
- Personnel - 74%
- Direct Program - 15%

THANK YOU for your generosity
and ongoing support!

The YWRC gratefully acknowledges the individuals, businesses and foundations who generously contributed support between July 1, 2017 and June 30, 2018. These charitable gifts allow us to continue assisting girls and young women in the Greater Des Moines area to discover their abilities and pursue their goals.

Every effort has been made for complete accuracy in our donor recognition, which can be seen on pages 10 - 13. If you have corrections, or are interested in ways to show additional support for the YWRC, please contact us at (515) 244-4901 or ywrc@ywrc.org.



"THIS GROUP MADE ME FEEL GOOD."
- EMPOWERMENT PARTICIPANT

GRANTS & CORPORATE MATCHING GIFTS

Thank you to the following grantees and corporations for their support.



**United Way
of Central Iowa**

The YWRC is proud to be a United Way of Central Iowa member agency. Their guidance and support enhance our credibility and strengthen our services.

\$20,000 - \$49,999



\$10,000 - \$19,999



\$5,000 - \$9,999

Iowa Foundation for Education,
Environment and the Arts



\$2,500 - \$4,999

BRAVO of Greater Des Moines
Wellmark Foundation

\$1,000 - \$2,499

Hawkeye Chapter of ABWA
Kum & Go, L.C.
Rotary Club of Des Moines AM
West Bank

Government Contracts

County Adolescent Pregnancy Prevention
Des Moines Public Schools
Polk County Crisis and Advocacy
Victim Services Support Program

EXAMPLES OF THE IMPACT A DONATION TO THE YWRC CAN HAVE:

\$1000

one year of Mariposa
group for one client

\$500

doula support for a
young mom

\$250

a six week empowerment
workshop for one client

\$120

one hour of creative
arts therapy

\$50

one hour of therapy to
overcome trauma

\$25

transportation for five
participants

SPONSORSHIPS

\$12,500



\$10,000

Ellen and Jim Hubbell



\$7,500



\$5,000



Teri and Dave Button



Dan and Joanie Houston



\$2,500

DMACC
Holmes Murphy & Associates, Inc.
Jester Insurance Services
Karmen Granite and Marble
Project 7 Design
Wellmark Blue Cross and
Blue Shield
Wells Fargo

\$2,000

Amanda and Brandon Young
Candance and Brian Hurley
Connie Wimer
Dan and Tina Smith Fritz
Georgette and Ted Longnecker
Heidi and Ward Buttolph
Jann Freed and John Fisher
Judy Davis
Julie Bruntz

Kari and Keith Karpinske
Margaret Jensen Connet
Maria and Dave Volante
Martha A. Willits
Ron and Jennifer Hansen
Zora and Chris Burch

SPONSOR SPOTLIGHT: KNAPP PROPERTIES, INC.

Knapp Properties first came to support the YWRC through engagement with Susan Terry Knapp and Bill Knapp, as both were friends with Louise Rosenfield Noun, YWRC lead founder. Their favorite part of the YWRC is seeing the progress our young women make in building their self esteem. Knapp Properties aligns with our mission through their commitment to empowering young women to become active citizens of their community, and by encouraging employees to get involved in local programs.



THANK YOU

Sincere appreciation to all of our generous donors for investing in the YWRC.

\$5,000 +

Andrea and Greg Abel
Denny and Candy Elwell
Foundation
Rachel Garst
Susan Terry Knapp and
Bill Knapp
Dina and Jason Luster
Krista and Dean Tanner
Toni and Tim Urban

\$2,500 - \$4,999

Roxanne Barton Conlin
and James Conlin
Pam Bass-Bookey and
Harry Bookey
DiAnna Brincks Taylor
Mark and Rhonda Elming
Aletha and Kevin Gabbert
Karen and Christopher
Henderson
Fred and Charlotte Hubbell
Family Charitable Fund
Kari and Keith Karpinske
Joyce and Terry Lillis
Mary O'Keefe and Jeff Nall
Jerry and Judy Sharpe
Angela and Doug Stark

\$1,000 - \$2,499

Babich Law
Jennie Balcom and Mark
Glowacki
Britt and Dr. Barron Bremner
Fund
Heidi and Ward Buttolph
Angela Campbell
Dr. Chris and Michelle
Champion
Mary Chapman
Elizabeth and Tim Coonan
Craig and Sue Damos
Teresa and Johnny Danos
Samuel and Stephanie Early
Andrew J Flynn
Cornel Fuerer
Rachel Gillum
Marina Grabchuk
Lynn and Steve Graves
Kathy and Scott Green
Roger and Barbara Grefe
Kristin Griffith and Nagjije
Ferataj
Heather and Luke Groben
Ronald and Jennifer Hanson
Cara and Kurt Heiden
Karman Hotchkiss

Anne Howsare Boyens and
Jesse Boyens
Debbie and Michael Hubbell
Brian and Candence Hurley
Tim and Michele Johnson
Tamra and Dave Jurgemeyer
Jacquelyn Kaufman
Matt and Shelly Larson
Jill and Derek Lippincott
Joyce and Fred Lock
Ted and Georgette
Longnecker
Laura and James Luther
Joann M. and Joel J. Lynn
Brittney and Dustin Mueller
Dave and Kathie Nelson
RW and Mary Nelson
Cynthia O'Brien
Scott and Amy Packard
Amy and Nick Pellegrin
Jackie Quinn and Michelle
Morford
Jean Reed
Artis Reis and Mark Smith
Kelly D. Rush and Mark K.
Rush
Brian and Angie Sanders
Charles Schafer
Donna and Chris Schafer
Julie and Tom Slater
Richard and Christina Stevens
Stephen D. Lombardi and
Sally J. Studi-Lombardi
Samantha Thorpe
Georgia Van Gundy and
Chad Kleppe
Maria and Dave Volante
Annie von Gillern
Paul Larson and Deana Voth
Jane and Dennis Whalen
Amanda and Brandon Young

\$500 - \$999

Sonia and Jeff Ashe
Judith Balsman
Barbara Beatty
Bill Beck
Shannon Bielski
Meggan and Tim Bierbaum
Rachel Binning
Margo and Don Blumenthal
Connie Boesen
Kristen Bosch
Patricia and Donald Brandt
Margaret Brennan
Matt Busick and Elizabeth Brown
Bruhn-Leander Stone Works,
L.L.C.

Bruce and Linda Buchanan
Tony Buns
Zora and Chris Burch
Margaret and Thomas Burke
Matthew Callanan
Sean Callison
Jan Campbell
Nola Cartmill
Megan and Adam Claypool
Anne Cooper
Cindy and Garry Cox
Chester Culver and Mariclare
Thinnes Culver
Karen and Steve Eddy
Leslie Feekes
Martha and James Fifield
Deniz Franke
Susan Freed
Tina and Daniel Fritz
Sarah Gardner and Thomas
Frolick
Linda Godwin
Bill and Liz Goodwin
Travis Grassel
Tammy Guenther
Kim Hagedorn
Jennifer Hahn
Janelle Hall
Stan and Chris Harlan
Terry Hernandez
Sheri and Bob Horner
Todd Hotchkiss
Katherine Howsare
Alex and Cooper Hubbell
Abby Hurlbut
Jennifer and Jarrod Igou
Karen and Doug Jeske
Beth Stelle and Dick Jones
K. Renee
Norbert Kaut
KCM Fund
Brittany Kepner
Mary Katherine Kington
Lisa and Richard Kinnear
Mary Koger
Scott Koplinger
Andrea Kreutz
Michael Kuehner
Erika Linden
Trent Link
Christine Long
Patricia Martin
John M. Matovina
Sarah Mauch
Shayla McCormally
Jennifer Mesecher Ogg
Gina Messamer
Brad and Michelle Morford

Phyllis Mumford and Kent Sovern
Amar and Sandhya Nath
Maura Nelson and James
Stick
Jeffrey Obrecht
Sean and Jamie O'Brien
Katelyn and John Oolman
Valeria Pallwitz
Katie Patterson
Kim and Rod Phillips
Jamie and Josh Rehmann
Dixie Rhiner
Glen Riesenberger
Kay and Robert Riley
Jacklyn Romp
Melvin Rosario
Jenise and Travis
Rychnovsky
Beth and Bruce Rydberg
Cindy and Allen Sabbag
Debra and Neil Salowitz
Nick Sarcone
Patrice and John Sayre
Rachel Scherle
Tammie and Brad
Schroeder
Mary Seidler
Rajasundar
Senthilnayagam
Shazam
Grace and Lori Slings
Catherine Smith
Sarah Steward
Sherry L Strahl
Jenny O'Neil Stumberg and
Curt Stumberg
Kimberly Thuent
Joann Tucker
Valley Plumbing Co, INC
Nick Van Patten
Walters and Mason Retail, Inc.
Joan White
Joy and Kevin Wilhelm
Claire and Brad Willie
Ryan Yeager
Karen and Don Young
Stephanie and Frank Zuehlke

\$250 - \$499

Emily and Cory Abbas
Teresa Adams-Tomka
Ann and Mark Aljets
Rose and Richard Anderson
Ashley Asberry
Kimberley Baer and
Scott Runyan
Emily Bahnsen
Randy Bamsey

THANK YOU

(... continued from page 12) Thank you to all of our generous donors!

\$250 - \$499 continued

Kate Banasiak
Michelle and Rick Barker
Claudia and Jon Batesole
Cheryl Bergren
Rona Berinobis
Janet and Charles Betts
Bill Pierce Construction
Jennifer Blumberg
Elizabeth and Larry Bredeson
Lori Bullock
Elizabeth Carter
Claim Doc, LLC
Jane Conway
Covenant Presbyterian Church
Frank Cownie and Tina Manbeck
Wendy Current
Lucy Davisson
Dr. Richard Deming
Drake University
Anne Dunn
Michelle Durand-Adams
Loretta and David Durden
Dave Ellis
Heather Engel
Faith Lutheran Church
Paige and Charles Fiedler
Leta Mae Franklin
Tracy and FranklinCodel
Cathy Lee Fredrickson
Lena Freese
Janelle Friedman
Nancy and Dennis Galeazzi
Corrine and Greg Ganske

Shawn Smith and Kerri
Gildsig-Smith
Girl Scout Troop P210
St. Augustin
Elizabeth Goodman
Jeanne Handorf Anderson
Ellen Hansing
Loraine Hardin
Hartung & Schroeder
Roberta Harvey
Judith Heggen
Tracy Hinshaw
Molly House
Diane Howe
Trudy Hurd
Cindy Hurley
Melissa and Jeff Inman
Laura Jackson
Martha James and Michael
Myszewski
Rachel Jamesdoss
Christina and Scott Jarck
Linda Jennings
Joyce Consulting, Inc.
Becky Kearns
Laura Kelly
Nicolette Keough
David King DDS
John Kittrell
Angie Kolk
Stephanie Koltookian
Michelle Mackie
Barb Madden-Bittle
Tom and Lorraine May
Gene McCracken

Julie A. Mc Guire
Toni and Sam Merfeld
Laura and Dave Mesecher
Kimberly Metz
Jean and Mike Moran
Ann Mowery and Al Powers
Lori Myers
Mary Lou and Gerry Neugent
Shar and Mark Nevenhoven
Mary O'Brien
Seth Oestreic
Jo Oldson
Jennifer Lock Oman and Dave Oman
Kathryn and Nathan Overberg
Becca and Justin Papain
Patricia and Peter Pashler
Carmen Patrick
Donna Paulsen and Tom Press
Allison Petersen
Jill Polson and Simon Laflamme
Kendra Pottebaum
Debra and Robert Pulver
Lynn Rankin
Susan and Michael Ray
Reichardt Family Fund
Debbie Rhiner
Samantha Rollins
Teri and Todd Ross
Michelle R Rubin
Tamara and Ronald Rutledge
Angie and Brian Sanders
Renee and Steve Schaaf
Ann and Steve Schodde
Sisters
Charlene and David Skidmore

Kathryn Skilton
Dr. Valerie Skow
Julia and James Slebiska
Emily Smalley
Kay Snyder
Mary and Mike St. Clair
Station 1 Records
Susan C. and Jeffrey A. Stroud
Courtney Strutt Todd
Denise and David Swartz
Jackie and Todd Tatum
Dawn Taylor
Dasha Ternavska
Darlene Thompson
Katheryn Thorson
Denise and Michael Tutty
Two Rivers Martial Arts, Inc.
Nancy and Keith Uhl
University of Iowa Community
Credit Union
Gina Valentine
Veridian Credit Union
Andrea S Vitzthum
Veronica Ward
Jennifer Warne and Kerry
Peterson
Jim and Elaine Watkins Miller
Carrie Weber
Bill Weidmaier
Michelle and Patrick Weil
Martha Willits
Pamela and Michael Wilson
Haley Wireman-Sebba
Ben Yost
Eleanor and Bob Zeff

----- Thank you to all of our generous in-kind** donors! -----

\$5,000+

Sex and Ice Cream

\$2,500 - \$4,999

ByDesign
Business Publications
Deft
K. Renee
Mittera
The Ron Pearson Center

\$1,000 - \$2,499

Carolyn Ruan
Dillards
Factor II Fabrication
Leanne Dell
Meg Kayko
Noce
Quaker
Silent Rivers Design + Build
The Sumptuous Chair
Wells Fargo

\$500 - \$999

Kellee Byerly
Club B-Fit
First Fleet Concerts
Grey Horse Farms
Sarah Haines
Shonda Hay
Kim Keller
Koch Facial Plastic
Surgery
Lincoln Savings Bank
Ted and Georgette
Longnecker
Parlo Pizza
Pigott, Inc.
Putney Auction Services
Repinned
Scenic Route Bakery
Wakonda Club
Kevin Walker and
Madison Romano

\$250 - \$499

Americana
Back Country Outfitters
Before and After Birth
Campbell's Nutrition Center
Cathy Menninga
Central College SAAC
Climb Iowa LLC
Creme Cupcake
Denny and Marty Junius
Des Moines Music Coalition
GolfTEC
Ivory House Photography
Jewel City Sounds
Jill Burke
Johanna Dunley
Julianne Gregory
Kait Scanlon
Karla Conrad
Kristin Griffith and Nagjije Ferataj
Lindsey Taylor

Mark McCormick & Victoria Herring

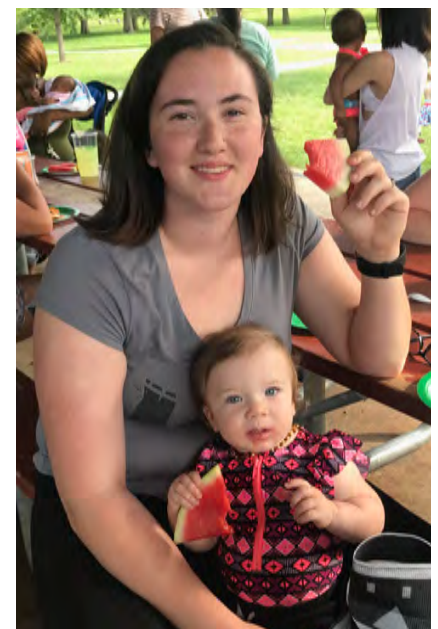
Melissa Inman
Mister Car Wash
Moberg Gallery
Molly's Cupcakes
Nancy Nigut
Nena Burrows
Preservation
Projects Contemporary Furniture
Raelyn Ramey Photography
Ramona Muse
Ron Herdon
Roslin's Day Spa
Sara Lehman
Scratch Cupcakery
Susan Terry Knapp and Bill Knapp
Tandem Brick Gallery
Tiffanie Drayton
Two Men And A Truck
West End Architectural Salvage
Wine Styles

**Values of in-kind donations were determined and provided to the YWRC by the donor.

FACES OF THE YWRC



"THE BEST PART IS FEELING ACCEPTED.
IT'S ALWAYS FUN!" - YM PARTICIPANT



YOUNG WOMEN'S RESOURCE CENTER

The Young Women's Resource Center (YWRC) is a nonprofit organization that supports, educates and advocates for girls and young women ages 10-21 in the Greater Des Moines area. We offer small groups and individual support focused on self-esteem, healthy relationships and reproductive health. Young Moms receive additional support focused on parenting skills and understanding the importance of education.

Founded in 1978 by Louise Noun and community activists, the YWRC meets girls and young women where they are and empowers them to discover their abilities and pursue their goals.

The YWRC believes that EVERY girl and young woman is vulnerable at different points in her development and that EVERY girl and young woman deserves a life of possibilities.



818 5th Avenue, Des Moines, IA 50309 / 515.244.4901 / ywrc@ywrc.org



YWRC.ORG



[YWRC.ORG/
SUBSCRIBE](http://YWRC.ORG/SUBSCRIBE)



[@YWRCGIRLS](https://www.instagram.com/YWRCGIRLS)



[FACEBOOK.COM/
YOUNGWOMENDSM](https://www.facebook.com/YOUNGWOMENDSM)



[@YWRC](https://twitter.com/YWRC)