

YOUNG WOMEN'S RESOURCE CENTER



2016 - 2017 ANNUAL REPORT

EVERY GIRL DESERVES A LIFE OF POSSIBILITIES



Who We Are

OUR MISSION:

To embrace and inspire girls and young women to become strong, self-confident and successful.

OUR VISION:

For all girls and young women in our community to realize their full potential.

FOUR PILLARS:

self-esteem, healthy relationships, reproductive health, young moms

FROM THE BOARD PRESIDENT

It has been my privilege to serve as President of the Board of the Young Women's Resource Center this past year. The YWRC serves an important role in our community providing support to girls and young women so that they may realize their full potential. We are so fortunate to have an Executive Director who is a strategic and visionary leader, talented and passionate staff, and an active and engaged Board of Directors. The YWRC could not carry out this worthy mission if it weren't for a strong group of supporters who give generously of their time and treasure.

Sadly, many of the young women the YWRC serves have experienced trauma in their young lives. These experiences may serve as a barrier to realizing their full potential. In fact, data shows that the young women served by the YWRC have experienced a higher rate of trauma than the general population. That is why the YWRC is working so hard to understand the impacts traumatic experiences can have and to become a leader in helping young women develop resiliency.

As we get ready to celebrate the 40th anniversary of the YWRC in 2018, I am so grateful for the strong community support and for everyone who contributes to make Louise Noun's vision come to life in the support of our young women.

Thank you,

TERI BUTTON

FY16-17 Board President



FROM THE EXECUTIVE DIRECTOR

Resiliency was a key focus area of learning for the Young Women's Resource Center throughout 2016-2017. With financial support from the Mid-Iowa Health Foundation to provide staff development and create assessments, we were able to expand our knowledge and assess our clients' resiliency.

Surveys specifically tailored to measure youth trauma were completed by our clients in January of 2017. The results confirmed what we expected - our clients have experienced significant trauma. Across all clients served, 50% report verbal abuse at home, 48% say someone they know is in jail or has been deported, and one in three of our young moms reports having been sexually abused.

While we cannot erase this trauma, we can support our clients by teaching them how to build protective skills. This will help them overcome trauma, reverse negative later-in-life health outcomes and increase their resiliency so they may succeed and pursue their dreams.

The YWRC also began a new partnership with the Des Moines Public Schools to support young moms graduating. We are excited to report that 82% of YWRC young moms graduated high school on time during FY16-17, in comparison to the national average of 40%.

Lotus, a creative expressions therapy program that works with young women who have experienced an unsafe or life-threatening event, was also implemented this past year.

We look forward to continuing to ensure programs are as powerful and impactful as possible. Thank you for supporting this meaningful work.

Sincerely,

KRISTIN GRIFFITH

Executive Director



Who We Are

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Vice President

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Fund Development Chair*

Rhonda Elming
Treasurer & Finance Chair

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Justine Ryan
Annie von Gillern
Amanda Young

YOUNG EMPOWERMENT PARTNERSHIP

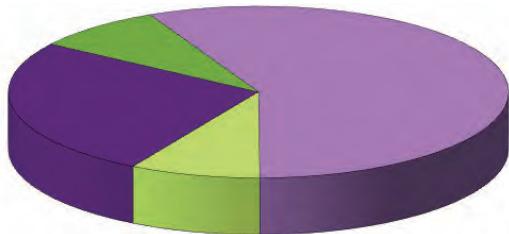
Kathy Barton
Sara Brown
Laurel Bruntz
Ryan Crane (co-chair)
Ariane Criger
Shelbie Hill
Sara Hopkins
Cooper Hubbell
Christina Jarck
Jenalee Jiskoot
Amber Johnson
Jill Lippincott (co-chair)
Amy Pellegrin
Emily Shearer
Matthew Sorenson

YWRC volunteers
and staff at the
Empowerment
Workshop.



Year In Financials

REVENUES



- United Way - 26%
- Contracts - 8%
- Contributions - 57%
- Investment Income - 8%

EXPENSES



- Program Services - 78%
- Administration - 8%
- Fundraising - 14%

CONTRIBUTIONS



- Special Events - 38%
- Corporations & Foundations - 31%
- Individual Contributions - 31%

PROGRAM EXPENSES



- Personnel - 72%
- Direct Program - 17%
- Indirect Program - 11%

THANK YOU

for your interest in and generosity to the Young Women's Resource Center.

1297 - # OF INDIVIDUAL DONORS

402 - # OF NEW DONORS

\$102.82 - AVERAGE INDIVIDUAL GIFT

\$1,535.00 - AVERAGE MAJOR* GIFT

*Average major gifts are equal to or more than \$500.



**United Way
of Central Iowa**

The Young Women's Resource Center gratefully acknowledges the individuals, businesses and foundations who generously contributed support between July 1, 2016 and June 30, 2017. These charitable gifts allow us to continue assisting girls and young women in the Greater Des Moines area to discover their abilities and pursue their dreams. Every effort has been made for complete accuracy in our donor recognition, which can be seen on pages 8 - 11. If you have any corrections, or if you are interested in ways to show additional support for the Young Women's Resource Center, please contact Sonia Ashe, fund development coordinator, at (515) 244-4901.

The YWRC is proud to be a United Way of Central Iowa member agency. Their guidance and support enhance our credibility and strengthen our services.

Impact

39 - # OF SCHOOLS WITH YWRC PROGRAMS

The YWRC facilitated unique programs in 39 different schools throughout Greater Des Moines.

16 - # OF PROGRAMS OFFERED

The YWRC provided 16 types of Empowerment, Young Moms and therapy groups.

1492 - TOTAL # OF CLIENTS SERVED

The total number of clients served through Empowerment, Young Moms, therapy and client events.

4 - # OF CLIENT EVENTS

Four client events were held for girls and young women ages 10 - 21, including those who may otherwise not be engaged with the YWRC. These included the Back to School Bash, Winter Party, Empowerment Workshops and Young Moms Program Graduation Picnic.

79% of Young Moms showed improvement in at least one resiliency component

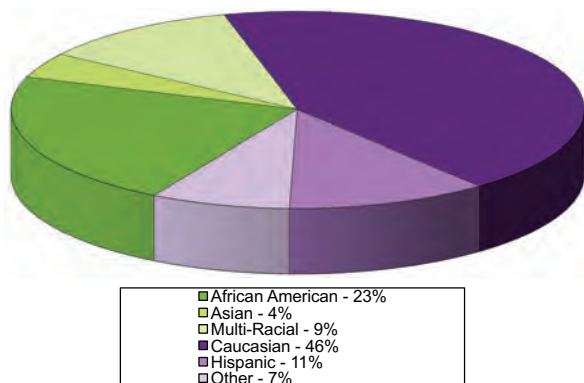
80% of Empowerment participants showed improvement in at least one resiliency component

YWRC GOALS:

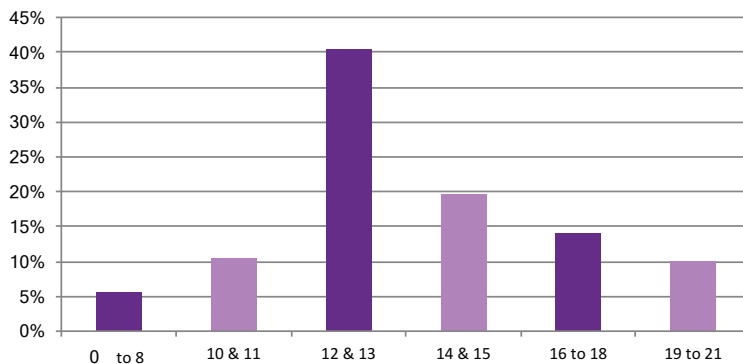
- Build self-esteem through curriculum based activities and community service.
- Provide strategies that help to build healthy relationships and eliminate risky behaviors.
- Deliver developmentally appropriate reproductive health education.
- Support young moms through education and high school completion.



RACE OF CLIENTS



AGE OF CLIENTS



*0-8 reflects the ages of young moms' children served

Empowerment Programs

Empowerment curriculum focuses on supporting girls and young women through lessons in developing self-esteem, positive body image, healthy relationships/friendships and understanding reproductive health.

IN SCHOOL GROUPS

Provided within schools, groups offer support and education on topics pertinent to girls and young women, including mediation and student-led conflict resolution in addition to the topics listed above.

AFTERSCHOOL GROUPS

Weekly 5th - 12th grade groups include hands-on activities, field trips, speakers and service projects.

THERAPY

Cognitive and art therapy services are offered in individual and group settings and are provided by masters-level mental healthcare professionals.

SUMMER PROGRAMS

This unique programming offers girls and young women an interactive, supportive and safe environment to learn and grow with their peers during the summer.

SPECIALIZED AFTERSCHOOL GROUPS

CONNECTIONS

Groups for learning impulse control, anger management and healthy decision-making are facilitated by a mental health professional.

HIT THE GROUND RUNNING

This empowerment and running group is focused on building resiliency through healthy movements.

LOTUS

A program that explores creative expressions through painting, movement, music and more to build self-esteem, healthy relationships and resiliency.

MARIPOSA

A Latina group provided to encourage leadership through service, activities, speakers and discussions.

SHEROES

A high school leadership group focused on volunteerism and philanthropy throughout the community.

1204 - # OF EMPOWERMENT CLIENTS SERVED

27 - # OF SERVICE OR VOLUNTEER PROJECTS EMPOWERMENT CLIENTS PARTICIPATED IN TO BENEFIT THE COMMUNITY

78 - # OF FIELD TRIPS TAKEN WITH AFTERSCHOOL GROUPS

98 - # OF EMPOWERMENT GROUPS HELD OVER THE COURSE OF THE YEAR

74% OF YOUNG WOMEN WHO COMPLETED AN EMPOWERMENT PROGRAM ARE COMFORTABLE TALKING AND ASKING QUESTIONS ABOUT REPRODUCTIVE HEALTH.



EMPOWERMENT SPOTLIGHT: SKY HOLMES

"Sky always surprises me with wisdom beyond her years. She is always herself, and unapologetically so, which is the best way to be. She carries herself with confidence, kindness, maturity and humor. Sky often expresses a desire to do good and to use her best qualities to lift other people up, particularly to empower other women around her."

- Claire, Empowerment Program Specialist

Learn more about our Empowerment programs at www.ywrc.org/programs.

Young Moms Programs

Young Moms programs are designed to equip pregnant and parenting young moms with the support, education and skills needed to be successful. Topics include self-sufficiency, healthy meal planning, child development stages and the importance of education.

PREGNANCY AND BIRTH EDUCATION

Comprehensive pregnancy, labor, birth and postpartum education is provided for pregnant young women.

BETTER BEGINNINGS DOULA PROGRAM

Young Moms are connected with doulas who provide practical support, mentoring and coaching before, during and after the birth.

PARENTING AND LIFE SKILLS

This group provides parenting education and support in a peer-to-peer setting where young moms can come together, build relationships with peers with similar experiences and learn practical skills for parenting.

THERAPY

Individual and group therapy services are provided by masters-level mental health professionals.

INDIVIDUAL SUPPORT PROGRAM (ISP)

One-on-one, tailored support designed to help Young Moms achieve self-sufficiency through the attainment of critical life skills.

MARILYN JEFFRIES SCHOLARSHIP

Scholarships for the pursuit of higher education are available to young moms.

288 - # OF YOUNG MOMS CLIENTS AND THEIR CHILDREN SERVED

80 - # OF YOUNG MOMS WHO COMPLETED CAR SEAT SAFETY TRAINING

7 - # OF YOUNG MOMS RECEIVING SCHOLARSHIPS

87% OF NEW MOMS INITIATED BREASTFEEDING, COMPARED TO A NATIONAL AVERAGE OF 79%

96% OF YOUNG MOMS IMPROVED NURTURING SKILLS AND ATTACHMENT WITH THEIR CHILD

82% OF YWRC YOUNG MOMS GRADUATED HIGH SCHOOL, IN COMPARISON TO THE NATIONAL AVERAGE OF 40%



YOUNG MOMS SPOTLIGHT: YEIMI FLORES

"I couldn't ask for a better mother to show what Young Moms can be. Yeimi is proof that determination and dedication can pay off. She constantly looks to the positive side of things and actively helps others. She's become a leader in our group and cares for her daughter beautifully." -Ashley, Childbirth and Perinatal Specialist



Learn more about our Young Moms programs at www.ywrc.org/programs.

Community Support

The girls and young women we serve, the Board of Directors and staff are grateful for the community support we receive each year from committee members, event attendees and volunteers.

CELEBRITY SERVERS

The 7th Annual Celebrity Servers Night raised \$50,000 on September 26, 2016. 45 local celebrities donated their time and talent to host 535 guests at Centro and Django restaurants

SEX TRIVIA NIGHT

The Young Empowerment Partnership (YEP) held their first Sex Trivia Night on October 18, 2016 for 60 guests at Streetcar 209. Teams competed to test their reproductive health knowledge and learn more about YWRC programs.

SEASONS OF CHANGE BASKET AUCTION

The Polk County Women Attorneys hosted the 15th Annual Basket Auction on October 20, 2016 raising \$15,706 to benefit the YWRC.

LOUISE NOUN LIBRARY UNVEILING AND 'THE WELL READ WOMAN' ART SHOW

The YWRC was honored to unveil the newly completed Louise Noun Library on Friday, March 3, 2017 to 400 community guests. The night also celebrated the opening of The Well Read Woman, an art exhibition of pieces inspired by books in the library, in collaboration with the DSM Girl Gang.

SIT ON IT!

The YWRC's 18th Annual Sit On It! event was held on April 22, 2017 at The Atrium with 564 community members in attendance, raising \$138,000 to support girls and young women throughout Greater Des Moines. Connie Boesen was recognized as the 2017 Louise Noun Visionary Woman and two YWRC clients earned the Woman of Worth (WOW) award.

FUN IN THE SUN

The Young Empowerment Partnership (YEP) held their 5th Annual Fun in the Sun event on June 25, 2017 at Jasper Winery. The event was attended by 120 guests and raised \$5,300 to support the YWRC's summer programming.

\$209,006 - TOTAL RAISED FROM SPECIAL EVENTS

1724 - # OF COMMUNITY MEMBERS WHO ATTENDED SPECIAL EVENTS



Learn more about our events at ywrc.org/events.

Volunteers

Thank you to the following committee members for volunteering their time and skills with us:

Celebrity Servers:

Jonathan Brendemuehl,

co-chair

Pat Schneider, *co-chair*

Tom Ahart

Erica Axiotis

Connie Boesen

Annie Brandt

Scott Bush

Diane Caldbeck

Beth Coonan

Johnny Danos

Ross Dean

Belle du Chene

Jeremiah Elbel

Jeff Fleming

Beau Fodor

Cynthia Fodor

Rosalie Gallagher

Tatiana Giacinti

Tim Hickman

Alex Hubbell

Sarah Ivanovich

Carolyn Jenison

Joseph Jones

Kolby Jones

Lana Jones-Gould

Sid Juwarker

Susan Knapp

Cyd Koehn

Lana Leander

President Marty Martin

Soozie McBroom

Lora McCollom

Jami Milne

Jill Patterson

Katie Patterson

Diane Proctor

Brooks Reynolds

Suzanne Reynolds-Arnold

Katie Roth

Tim Schott

Brad Schroeder

Frank Vaia

Wicker Van Orsdel

Annie von Gillern

Julie Welch

Kelsi Ziemann

Seasons of Change Basket

Auction:

This event is graciously planned and provided by the Polk County Women Attorneys.

Sit On It! Committee:

Georgia Van Gundy and

Chad Kleppe, *co-chairs*

Mary and Don Coffin, *emcees*

Heidi Bagg

Brooke Benschoter

Marilynn Cedarstrom

Cindy Cox

Ginny Fletcher

Louise Gately

Karen Henderson

Keith Karpinske

Marcia Lyon

Lisa Royal

Sarah Jane Shimasaki

Jennifer Speer Ramundt

Virginia Traxler

Megan West

Fun in the Sun and

Sex Trivia Night:

Fun in the Sun and Sex Trivia Night are Young Empowerment Partnership events. Please see page 1 for a list of members.

3081 - HOURS VOLUNTEERED BY BOARDS, COMMUNITY MEMBERS AND COMMITTEES

236 - VOLUNTEERS WHO GAVE OF THEIR TIME, ENERGY AND SKILLS

Volunteers play a key role in the success of the YWRC. Volunteer duties range from providing childcare and meals for Young Moms, to facilitating art projects during Empowerment Workshop and assisting with clerical work. Volunteers also provide support by organizing donation drives for items such as bras, prenatal vitamins and feminine hygiene products.



VOLUNTEER SPOTLIGHT: MEGAN WEST

Megan has been an active volunteer with the YWRC for almost four years through her involvement with event and marketing committees. Her positive attitude and genuine commitment to supporting our girls and young women is evident by her willingness to share ideas and meet challenges head on.

"I ENJOY WORKING WITH SUCH A WONDERFUL GROUP. IT'S TRULY AMAZING AND GRATIFYING TO BE ABLE TO SEE THE RESULT OF MONTHS OF PLANNING."

Megan's advice for young women:

"DON'T BE AFRAID TO BE YOURSELF. IT CAN BE INTIMIDATING AND SCARY TO STAND OUT IN A WORLD TELLING YOU TO FIT IT, BUT YOU MAKE TRUE CONNECTIONS WHEN YOU DARE TO BE YOURSELF."

Learn more about Megan's story at ywrc.org/meganwest and about volunteer opportunities at ywrc.org/get-involved.

Grants and Corporate Matching Gifts

The YWRC is proud to be a United Way of Central Iowa member agency. Find out more about this partnership on page 2.

\$50,000 +

MID-IOWA
HEALTH
FOUNDATION



\$20,000-\$49,999



\$10,000 - \$19,999



\$5,000 - \$9,999

Iowa Foundation for Education
Environment and the Arts



\$2,500 - \$4,999

Community Foundation of Greater Des Moines
DuPont Pioneer
First Unitarian Church
US Bank Foundation
Wellmark Foundation
West Bank

\$1,000 - \$2,499

ACT, Inc.
Bankers Trust
BWA Foundation
The Gap Foundation
Meredith Corporation

GOVERNMENT CONTRACTS

The following government contracts provide funding for specific components of our programming:

Victim Services Support Program – Lotus, creative expression therapy, in individual or group settings to learn about self-care after experiencing an unsafe or threatening life event.

Polk County Crisis and Advocacy – Movement, exercise and trauma informed groups for young women that have been victims of violence.

County Adolescent Pregnancy Prevention – Pregnancy and STI prevention in all YWRC programs with a specific focus on parenting teens.

Sponsorships

\$10,000



\$5,000



\$2,500

Allied Insurance/Nationwide Foundation
 Brad Van Weelden Co.
 DuPont Pioneer
 Meredith Corporation
 Nationwide
 United Healthcare

\$1,500

AmeriHealth Caritas
 Baker Group
 Broadlawns
 Jann Freed and John Fisher
 Jester Insurance Services
 Prairie Meadows

Rick Mosley Hair
 UnityPoint Health
 Maria and Dave Volante
 West Bank

SPONSOR SPOTLIGHT: SAMMONS FINANCIAL GROUP

Sammons has supported the girls and young women of the YWRC through sponsorship of our Sit On It! event for the past three years and we were proud to have them as Presenting Sponsor again for 2017.

To gain insight to what motivates Sammons to be such a strong supporter of local young women, we interviewed Rhonda Elming, Vice President of Product Development for Sammons and YWRC Board member since 2014.

The mission of YWRC aligns well with Sammons spirit of community involvement and philanthropy, as they recognize the significant contributions women make within their company and community. Sammons shares our goal to

ensure young women are given the proper support and opportunities they need to live up to their full potential.

“Sammons Financial Group, like the YWRC, is committed to making lives better and giving back to the communities in which we live. The YWRC programming aligns well with Sammons Financial Group’s desire to support child development, education and the under-served, among others.”

In addition to providing support through sponsorship, Sammons encourages employees to be active members of the community through volunteerism.

“Giving back to our communities is embedded in our vision and our culture.



Sammons Financial Group supports organizations our employees are actively engaged with and are approved by our Community Involvement Committee. The company also provides a generous number of opportunities for our employees to volunteer, and provides some time off from work to do so. The level of engagement is amazing and I am proud to be part of such a great organization.”

Thank You

THANK YOU TO ALL OF OUR GENEROUS DONORS FOR SUPPORTING OUR MISSION TO EMBRACE AND INSPIRE GIRLS AND YOUNG WOMEN TO BE STRONG, SELF-CONFIDENT AND SUCCESSFUL. YOU MAKE A DIFFERENCE.

\$10,000+

Roxanne Barton Conlin and
James Conlin
Stuart and Sondra Feldstein

\$5,000-\$9,999

Pam Bass-Bookey and
Harry Bookey
Teri and David Button
Mark and Rhonda Elming
Denny and Candy Elwell
Keith and Kari Karpinske
Susan Terry Knapp and
Bill Knapp
Michael and Kimberly Krantz
Krista and Dean Tanner

\$2,500-\$4,999

Aletha and Kevin Gabbert
Dan and Joanie Houston
Fred and Charlotte Hubbell
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Foundation
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Lebron-Dykeman
Joyce and Terry Lillis
Newkirk Zwagerman PLC
Angela and Doug Stark
Stine Family Foundation
Mary Stuart and David Yepsen
DiAnna Brincks Taylor
Steven and Michele Whitty

\$1,000-\$2,500

Britt and Dr. Barron
Bremner Fund
Rebecca Brommel
John and Julie Bruntz

Zora and Chris Burch
Heidi and Ward Buttolph
Dr. Chris and Michelle
Champion
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RW and Mary Nelson
Dave and Kathie Nelson
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Brian and Angie Sanders
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Donna and Chris Schafer

Christine and Jack
Schaplowsky
Jerry and Judy Sharpe
Charlene and David Skidmore
Richard and Christina Stevens
West Des Moines Elks
Lodge #2752
Connie Wimer
Amanda and Brandon Young

\$500-\$999

Emily and Cory Abbas
Sonia and Jeff Ashe
Britt and Mollie Baker
Barley's Angels
Barbara Beatty
Margo and Don Blumenthal
Sara Jane Bowe
Brad and Kelly Edmister
Margaret Brennan
Bruce and Linda Buchanan
Debi Bull
Bob Carver and Therese
Vaughn
Dr. Roger and Kimberly Ceilley
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Megan and Adam Claypool
Jim and Cathy Clough
Elizabeth and Tim Coonan
Cindy and Garry Cox
Johnny and Teresa Danos
Dr. Richard Deming
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Evan and Ashey Fahey
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Sarah Gardner and Thomas
Frolick
Annie and Jon von Gillern
Bill and Liz Goodwin
Randy and Mary Gordon
Shelli Green
Jason Gross
Janelle Hall
Elizabeth Hardcastle

Ginny Haviland
Tim Hickman and Frank Vaia
Sheri and Bob Horner
Karman Hotchkiss
Anne Howsare Boyens
Karen Shaff and Steve Jayne
Michael Jenkins
Bob Josten and Susan Judkins
Whitney Judkins
Katherine and Josh
Mandelbaum
Lisa and Richard Kinnear
Angie Kinsey
Anjela Shutts and Peter
Kitundu
Mary Koger
Molly Kottmeyer
Chantel Kramme
Jill Link
Trenton Link
Jill Conner Lippincott and
Derek Lippincott
Joyce and Fred Lock
Stephen D. Lombardi and Sally
J. Studi-Lombardi
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Joanna and Tim Lowe
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Beth Raymond
Brenda Reiher
Reynolds & Reynolds
Jody and Stan Reynolds
Dixie Rhiner
Tammy K. and Michael Rogers
Chuck Rohm
Alana and Russ Trimble

Thank You

Travis and Jenise Rychnovsky	Katherine Beenken	Tracy Hinshaw	Stacie and Rick Mosley
Pat and Lou Schneider	Margaret Bergin	Holmes Murphy & Associates	Jeffrey Obrecht
Shazam	Charles & Janet Betts	Cooper and Alex Hubbell	Jim and Jeanne O'Halloran
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Joan White	Jeff Cose	Lana Leander	Mathilde Brown Swanson and Richard Swanson
Martha Willits	Lisa J Dales	Jody Lewis	Abigail Thiel
Amy and Scott Wilson	Ashley DeJong	Barbara Lombardi	Krista Turner
Susan and Michael Woody	Des Moines Public Schools	Rose Lyle	UPS Foundation
Simon and Lisa Marie Wright	Des Moines Women's Club	Mark and Jeanne Lyle	Brianna Vaughn
Karen and Don Young	Nick and Krista Dial	Karen and Rob Lynn	Andrea S Vitzthum
	Janelle Friedman	Michelle Mackie	Veronica Ward
	Greg and Corrine Ganske	Mark and Shar Nevenhoven	Emily and Fred Weitz
	Walt and Sandra Githens	Todd and Sue Mattison	Whitfield & Eddy Law Firm
	Global Brew Tap House	Monica May	Joy and Kevin Wilhelm
	Kathleen and Calvin Hansen	Emily E. McCarty	Sarah Wilson
	Ronald and Jennifer Hanson	Linda and Ken McCullum	Rich and Clarice Wireman
	Charles and Anne Happel	Isaiah and Megan McGee	Andrew Zelmer
	Happy Medium	Jenny Merryman	
	Piper Harlan	Dave and Karen Miglin	
	Judith Heggen	Kristen and James Moriarty	
	Ben Hildebrandt		

\$250-\$499

American Dream Machine
Jeanne Handorf Anderson
Rose and Richard Anderson
Sarabeth Anderson

WHAT YOUR DONATIONS CAN PROVIDE

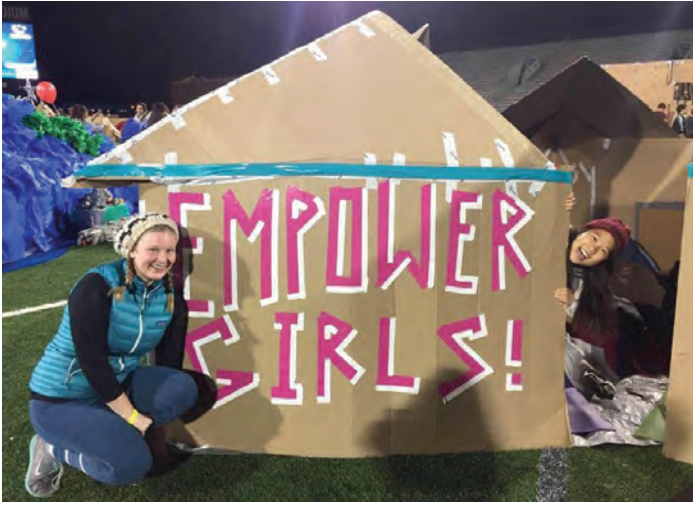
\$50 One hour of creative expressions therapy
- or -
a healthy meal for 25 young moms and their children

\$100 A car seat education class for Young Moms
- or -
Transportation to and from after school programs for 25 girls

\$250 An entire summer program for one 5th grade girl
\$500 A doula to support one young mom through pregnancy, delivery and postpartum care



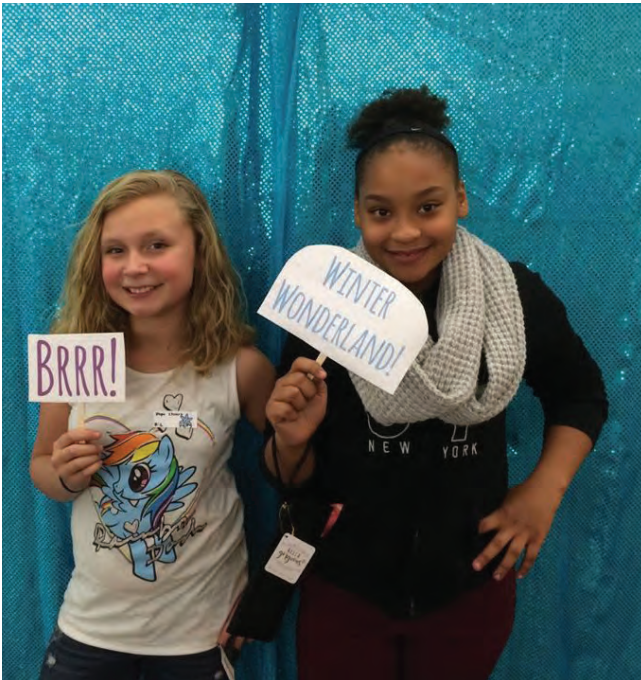
FACES OF THE YWRC



"I LEARNED HOW TO BECOME A GOOD MOTHER GOING TO THE YWRC OVER THE YEARS. I STARTED OUT NOT KNOWING THE FIRST THING ABOUT BEING A MOTHER AND I WAS SCARED. WHEN I GRADUATED, I LEFT A GREAT, INTELLIGENT, MOTIVATED, YOUNG, SUCCESSFUL MOTHER." – DANIELLE



FACES OF THE YWRC



The Young Women's Resource Center (YWRC) is a non-profit organization that supports, educates and advocates for girls and young women ages 10-21 in the Greater Des Moines area. We offer small groups and individual support focused on self-esteem, healthy relationships and reproductive health. Young Moms receive additional support focused on pregnancy and childbirth, parenting skills and understanding the importance of education.

Founded in 1978 by Louise Noun and other community activists, the YWRC meets girls where they are and assists them with discovering their abilities and pursuing their dreams. The YWRC believes that **EVERY** girl is vulnerable at different points in her development and that **EVERY** girl deserves a life of possibilities.



YOUNG WOMEN'S RESOURCE CENTER

818 5th Avenue
Des Moines, Iowa 50309
515.244.4901

Your voice makes a difference. Help spread the YWRC's story by learning more and sharing updates through our monthly e-newsletter, social media or attending an event.



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