



818 5th Avenue • Des Moines, IA 50309
P 515.244.4901 F 515.243.5073
ywrc@ywrc.org • www.ywrc.org

Young Moms Program Internship

Organization:

At the Young Women's Resource Center, we believe that every girl deserves a life of possibilities.

We help young women realize their full potential by providing programming to girls ages 10-21 in central Iowa. Our unique structure features two branches of services – Empowerment and Young Moms – to better serve our clients throughout various stages of life.

Our goal is to help young women become strong, self-confident and successful. The YWRC utilizes education and support to create a safe environment for girls where they experience acceptance, compassion, knowledge and commitment.

Description:

The Young Moms Program Intern will serve as an integral member of the Young Moms Team, actively contributing to implementing small group programs for young mothers within the schools, as well as assisting with evening childbirth education and parenting groups. Exposure to curriculum development, community engagement, and program oversight will also be provided.

Location:

818 5th Ave, Des Moines, IA 50309

Compensation:

This is not a paid internship.

Hours: Late afternoon and evening hours on Monday and Wednesday; Tuesday and Thursday hours may vary.

Supervision:

You will be assisted, directed and supervised by Young Moms staff and the Program Director.



Young Moms Program Internship Description

Summary of Position:

The Young Moms Program Intern will be involved in and exposed to various aspects of programming and agency operations, including the following:

Essential Functions:

- Observe and assist with facilitation of Perinatal Groups **(33% of time)**
- Research current trends impacting young pregnant and parenting women ages 10-21 **(33% of time)**
- Assist with other YWRC-related projects and administrative duties such as answering phones, prepping for craft projects, maintaining program documents, making meals, assisting with child care, etc. **(33% of time)**

Other Functions Include:

- Develop positive and appropriate relationships with clients
- Effectively communicate with staff and collaborators
- Build and maintain awareness of YWRC and community resources
- Participate in gender-specific trainings as offered
- Actively participate in Young Moms Team and YWRC staff meetings
- Gain an in-depth understanding of the Perinatal Curriculum, evaluation tools and processes; administer evaluations
- Read two or three relevant books, process and provide feedback
- Local Travel is required

Knowledge, Skills and Abilities:

- Proficient computer skills; including experience with Microsoft Word, Excel, Publisher, and OneNote
- Strong interpersonal, communication and relationship building skills
- Organized
- Flexible
- Creative and energetic
- Accepting of all clients
- Valid driver's license and automobile insurance
- Ability to obtain mandatory reporter certification within two weeks of orientation
- Ability to obtain CPR/First Aid certification within 30 days of orientation



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Qualifications:

- Undergraduate students studying: Social Work, Human Services, Child, Adult, and Family studies, Sociology, Psychology, Women's/Gender Studies, Education, or other related helping fields

Impact on Agency:

Your participation in this perinatal program internship will provide much-needed assistance and programming to the Young Moms program staff and the clients they serve.

Personal Outcomes:

This internship will train you in the process of developing thoughtful strategies and working through the process of executing those strategies. Further you will learn the basic skills of group facilitation with young pregnant and parenting women ages 13-21.

To Apply:

Interested candidates should submit a general application form, resume and cover letter to Human Resources. Applications can be found at ywrc.org or email ywrc@ywrc.org.

* As a finalist, applicants must be free from communicable disease and are required to complete necessary background checks.

*No clinical/master level internships offered