

YOUNG WOMEN'S RESOURCE CENTER



2018 - 2019 ANNUAL REPORT



WHO WE ARE

OUR MISSION

To embrace and inspire girls and young women* to become strong, self-confident and successful.

OUR VISION

For all girls and young women in our community to realize their full potential.

FOUR PILLARS

- Self-esteem
- Healthy relationships
- Reproductive health
- Young Moms

***We define “girls and young women” as any persons who have been socialized and/or identify as female.**

FROM THE BOARD PRESIDENT

2019 began with a committed focus on who we strive to be as an organization now and in the decades to come.

With an incredibly dedicated staff and board of directors, the YWRC put many new initiatives in place. In order to support staff who are parenting, a paid parental leave of 12 weeks for a birth or adoption was implemented. The introduction of paid volunteer time off for staff demonstrated the YWRC's dedication to supporting not only our own clients, but also other organizations and efforts in the area. Self-care leave was also enacted for staff in recognition of the emotionally demanding work often associated with the YWRC's programs and services.

In addition to the initiatives above, the board and staff worked collaboratively to develop a three-year strategic plan to guide the YWRC's work. The strategic plan utilizes key performance indicators and goals to drive meaningful outcomes for participants and the organization's future. This plan will help to ensure we continue to provide excellent, trauma responsive and inclusive care for the girls and young women of Greater Des Moines.

The services the YWRC delivers on a daily basis is work that is close to my heart. Personally and professionally, I know firsthand the importance of empowering girls and young women to reach their full potential. Without the YWRC, many of these youth would not be able to develop the tools and skills needed to build resiliency.

Thank you for helping to ensure our youth have the resources they need to identify and achieve their goals.

ANNE HOWSARE BOYENS

FY18-19 Board President



FROM THE EXECUTIVE DIRECTOR

2018 was a remarkable year for the YWRC as we wrapped up our 40th Anniversary Event Series. Through this series, the YWRC was able to re-engage with numerous former clients, staff, board members and previous volunteers. Hearing their stories about the impact the YWRC had on their lives and their paths was a gift we were grateful to receive.

The 40th Anniversary also provided a very unique opportunity to increase our visibility and ensure that folks are aware of the YWRC's work and the critical impact we have in our community. The successful completion of the event series (which included an event every month) was made possible through the hard work of our dedicated 40th Anniversary Committee and staff.

Looking ahead, we are grateful to be starting some incredible community collaborations through a high school credit recovery program and a complimentary legal clinic for our Young Moms. The credit recovery program, in partnership with Des Moines Public Schools, allows students to complete high school courses on site at the YWRC. This provides them a safe, inclusive environment to complete coursework in order to catch up or work ahead to reach their goals.

The legal clinic, in partnership with Drake University, will offer guidance to our Young Moms in the areas of family law, immigration, housing and more.

Thank YOU for making critical programs like these possible. Here's to a year full of collaboration and impact!

KRISTIN GRIFFITH

FY18-19 Executive Director



WHO WE ARE

YWRC BOARD, STAFF AND ADMINISTRATIVE COMMITTEES

EXECUTIVE BOARD

Anne M. Howsare Boyens,
President
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Vice President
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Heather McDermott
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Annie von Gillern
Susan Watson
Amanda Young

YWRC STAFF

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Frieda Bequeaith
Sierah Bougher
Marcia Bradley

Jerry Dysart
Kathy Dysart
Gary Elliston
Ashley Ezzio
Marilyn Garrett
Tom Hawkins
Kahara Hunafa
Tony Jackson
Tamra Jurgemeyer
Jessica Kincaid
Jennifer Mesecher Ogg
Erin Moran
Max Mowitz
Claire Mraz
Sarah Myren
Tara Ray
Maria Savaidis
Jewelz Smith
Emma Swanson
Cindy Tello

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Chelsea Day
Shannissy Deaton
Klarque Denman
Katie Gillbaugh
Jessie Morris-Jeter
Katie Nyberg
Samantha Pierce

Olivia Samples
Jewelz Smith
Dah Thipyothin

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Amy Beck
Kirsten Bosch
Teri Button
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Tina Smith Fritz
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Natalie McDaniels
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Jessica Villegas

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Arley Holtrop
Jean Fisher-Hraha
Janelle Friedman
David Ketcher
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Brian Newton
Katie Phillips
Susan Watson

FUND DEVELOPMENT

Ryan Crane
Marilynn Cedarstrom
Brianna Kingsley
Loraine Hardin
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Keith Karpinske
Meghan Schaeffer
Emily Shearer
Nikki Syverson
Rachel Woodhouse

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Karman Hotchkiss
Lora McCollom
Jerry Sharpe

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Brooke Benschoter
Rona Berinobis
Heidi Buttolph
Katelynn T. McCollough
Kat Mahr
Teresa Roof
K'Lyn Uhl
Megan West

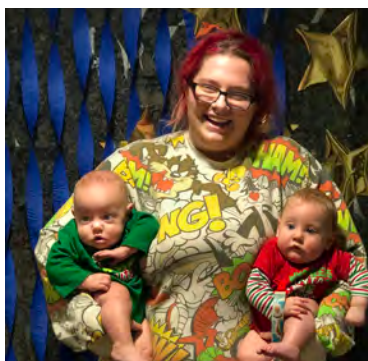
PROGRAM

Jill Allen
Laurel Bruntz
Heather McDermott
Mindy Moore
Julia Van Liew
Amanda Young

YOUNG EMPOWERMENT PARTNERSHIP

Emily Bahnsen
Ashley Bethel
Karla Bromwell
Sara Brown
Laurel Bruntz
Ariane Criger
Allisa Feldman
Cathy Lee Fredrickson
Sara Hopkins (co-chair)
Cooper Hubbell
Christina Jarck
Jill Lippincott
Stephanie Mohr
Amy Pellegrin
Becky Reif
Carolyn Ruan
Carissa Schmidt
Emily Shearer (co-chair)
Adrienne Ximenez

"THE BEST PART OF GROUP IS HAVING SOMEONE TO TRUST." - 5TH GRADE EMPOWERMENT PARTICIPANT



IMPACT

1515

of individual participants served through Empowerment, Young Moms and Therapy Programs

of types of Empowerment, Young Moms and Therapy groups provided

17

37

of schools throughout Greater Des Moines with unique, facilitated YWRC programs

of participants in our Lotus Art Therapy programs and groups at the YWRC and in schools

72

8

of special client events, including Back to School Bash, Mother's Day, Gratitude Gathering and Young Moms Graduation Picnic.

% of Empowerment and Young Moms participants who improved in at least one resiliency category

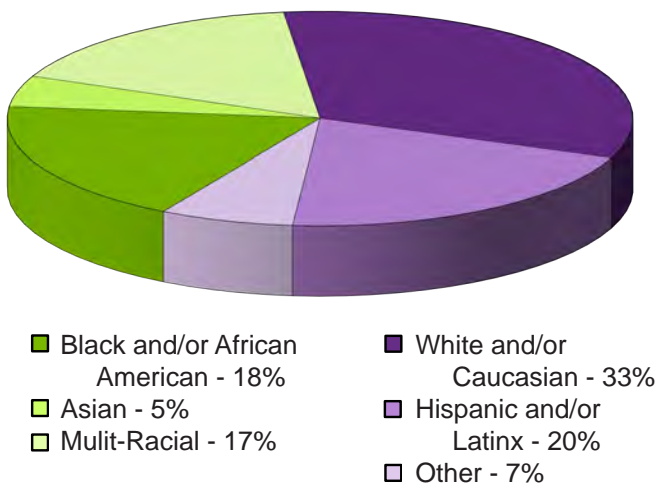
74

YWRC PROGRAM GOALS

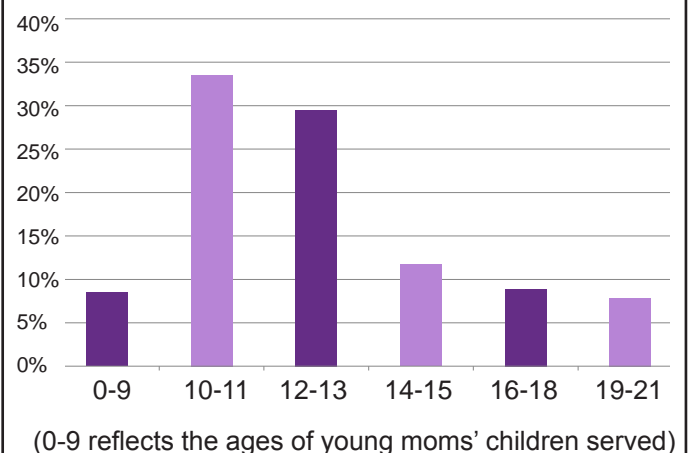
- Provide strategies to build healthy relationships and eliminate risky behaviors.
- Build self-esteem through curriculum-based activities and community service.
- Deliver developmentally appropriate reproductive health education.
- Support Young Moms through education and high school completion.



RACE OR ETHNICITY OF CLIENTS



AGE OF CLIENTS



FACES OF THE YWRC



"THANK YOU FOR
LETTING ME BE WHO
I AM. I REALLY
ENJOYED MYSELF."
- 7/8 GRADE
SUMMER PROGRAM
PARTICIPANT

EMPOWERMENT

1177

individuals served

Empowerment program curriculum focuses on supporting girls and young women through lessons in developing self-esteem, positive body image, healthy relationships/ friendships and reproductive health knowledge.

AFTER SCHOOL GROUPS

5th-12th grade groups utilizing empowering curriculum that includes creative activities, field trips and guest speakers



BLACK GIRL MAGIC

7th and 8th graders explore the ways in which Blackness shapes life experiences

CONNECTIONS

Small group for impulse control, anger management and healthy decision-making

FEMINISTS UNITED NOW (FUN)

Youth-led group working to educate and advocate within the community on social justice

IN SCHOOL GROUPS

Six-week groups provided within schools that offer support and education with a focus on self-esteem, resiliency, feminism and reproductive health

LOTUS

A program that explores creative expressions like painting, music and more to build self-esteem, healthy relationships and resiliency

MARIPOSA

A group for Latinx youth to encourage leadership through service, activities, speakers and discussions

SUMMER PROGRAMS

This unique programming offers participants an interactive, supportive and safe environment to learn and grow with their peers during the summer months

THERAPY

Cognitive and art therapy are offered in individual and group settings

49

of field trips participants went on to learn more about their community and specialized skills

of weeks of year-end activities participants planned as a team

4

16

of Period Parties held focused on age appropriate, accurate reproductive health information

of Des Moines area Black Business Owners our Black Girl Magic participants met

5

EMPOWERMENT SPOTLIGHT: NATALIE MCDANIELS

"Natalie is incredibly intelligent, funny, creative and reliable. She is persistently herself and has grown to be increasingly confident during her time at the YWRC. Natalie is motivated to make a difference in her community and has always been able to offer insightful contributions that are supportive of her peers."



- Sonia, Fund Development Coordinator

YOUNG MOMS

Young Moms programs equip pregnant and parenting young women with the support, education and skills needed to be successful. Topics include self-sufficiency, child birth options, child development stages and the importance of education.

338

individuals served

90

% of Pregnancy & Childbirth Education and Doula program participants who initiated breastfeeding

of Young Moms who were paired with one of our doulas

36

76

% who graduated high school on time, compared to the national average of only 40%

of breast pumps given to Young Moms, increasing their ability to breastfeed while at school/work

20

YOUNG MOMS SPOTLIGHT: ZENAECIAH 'NAE NAE' NEVILLS

"As a parent to Shalay, Nae Nae displays nothing but love, dedication and compassion. Other participants can see her successful parenting and she acts as a mentor and leader within the young mother's community. She is a strong woman capable of showing fierce independence and warm, loving parenting."

- Ashley, Childbirth and Perinatal Specialist



"THE BEST PART OF GROUP IS COMING TOGETHER AS MOMS!" - YOUNG MOM PARTICIPANT

BETTER BEGINNINGS DOULA PROGRAM

Doula program offering young moms physical, emotional and educational support before, during and after childbirth

INDIVIDUAL SUPPORT PROGRAM (ISP)

Tailored support designed to help young moms achieve self-sufficiency through the attainment of critical life skills and resources



MARILYN JEFFRIES SCHOLARSHIP

Scholarships for the pursuit of higher education

PARENTING & LIFE SKILLS

Parenting education and support in a peer-to-peer setting where

young moms build relationships and learn practical skills for parenting

PREGNANCY & CHILDBIRTH GROUPS

Comprehensive pregnancy, labor, birth, breastfeeding and postpartum education - in schools and at the YWRC

THERAPY

Individual, art and group therapy services in schools and at the YWRC

VOLUNTEERS & COMMUNITY

273

of volunteers who gave their time, energy and skills through boards, committees, childcare and special projects

of hours volunteered during FY18-19

1998

79

of community members who volunteered by actively participating on a special event committee

of attendees who joined us for special events

2023

THANK YOU

to our volunteers for their hard work, time and talent. We are grateful for the significant, positive impact our volunteers make every year.



CHILDCARE, MEAL DONOR, PROGRAM, Y-DUB CLUB AND SPECIAL PROJECT VOLUNTEERS

Marlú Abarca
Lori Abendroth
Saima Ahmed
Magen Anderaske
Angela Antenucci
Bethany Aschim
Brooke Benschoter
Frieda Bequeaith
Linsey Birusingh
Becky Bishop
Megan Burns
Jessica Campbell
Vanessa Cano Zelaya
Shannissy Catron
Michelle Catoor
Maggie Coleman
Amanda Collins
Rebecca Collins
Holly Comer
Mark Core
Jessica Crawford
Fred Darbonne
Arla Darling
Christine Diepenbrock
Kevin Drew
Sarah Duncan
Stephanie Early
Ashley Evans

Lea Farho
Mia Farrell
Sondra Feldstein
and 4H team
Caitlyn Ferin
Sharon Fife
Jennifer Flemming
Ericka Foltz
Veronica Fowler
Joy Gachii
Victoria Gazda
Brian Gellerman
Avilah Getzler
Katie Gilbaugh
Hortencia Gonzalez
Kristin Griffith
Anna Grimm
Sydnie Gutzmann
Lane Hacker
Erin Haberman
Karen Henderson
Shannon Henson
Jose Hernandez
Lauren Hickman
Hickman Road Church of Christ
Tome Hope
Jeanne Hopson

Ms. Cynthia Hunafa
Sandra Huynh Truong
Iowa FCCLA
Angela Jackson
Rachael Jackson
Erin Johnson
Connie Karloff
Victoria King
Megan Kromkowski
Chris Lackhy
Alex Lampe
Link Associates
Nicole Lorensen
Erna Mahmupovic
Mosi Mandil
Staci Mason
Sommer McCann
Natalie McDaniels
Judy Mendenhall
Roberta Milinsky
Deb Miller
Zoey Miller
Jean Minahan
Nancy Minor
Sydney Moore
Jean and Erin Moran
Bri Moreland
Jesse Morris-Jeter

Blake Morrow
Dave Mowitz
Max Mowitz
Jessica Murtaugh
Dani Neu
Katie Nyberg
Hannah Overton
Monika Owczarski
Sidney Pezley
Samantha Pierce
Tricia Rivas
Antonia Rivera
Olivia Samples
Cait Schrup
Jaclyn Scatena
Nicole Schrader
Emily Shearer
Starbucks Staff
Diane Storey
Nicole Tesch
Dah Thipyothin
Dawn Thorpe
Leah Tokheim
Lyssa Wade
Julie Weichman
Brittany Wells
Ayo Yeboah
Alyssa Zipperer

Learn more about volunteering at ywrc.org/get-involved.

VOLUNTEERS & COMMUNITY

40TH COMMITTEE

Shannon Bielski
Liz Bredeson
Laurel Bruntz
Mary Chapman
Jann Freed
Terry Hernandez
Karman Hotchkiss
Margaret Jensen
Connet
Nicole Lorenson
Ashley Mori
Lori Rinehart
Patrice Sayre
Lucy Solarz
Caron Weldin

GALA COMMITTEE

Georgette Longnecker,
co-chair
Maria Volante,
co-chair

Virginia Barrette
Katrina Beery
Amy Beck
Marilynn Cedarstrom
Jessica Crawford
Rhonda Elming
Laurel Howell
Erin Johnson
Jenna Thompson
Megan West

CELEBRITY SERVERS

Beth Coonan, co-chair
Frank Vaia, co-chair

Liz Adelman
Kim Augspurger
Erica Axiotis
Connie Boesen
Kari Bricker
Bunny Bruning
Angela Connolly
Jason Connolly
Tim Coonan
Frank Cownie
Melynda Decarlo
Laurie Dickinson
Lizzy Dixon
Belle Du Chene

Ben Easter
Jeremiah Elbel
Dj Fees
Cynthia Fodor
Sharla Fraker-
Zubulake
Jann Freed
Rosalie Gallagher
Sarah Grant
Holly Hanson
Daniel Hoffman-
Zinnel
Alex Hubbell
Cooper Hubbell
Carolyn Jenison
Meredith Jinks
Becky Johnson

Aliou Keita
Lisa Kilian
Susan Knapp
Kathryn Kunert
Mitch Kunert
Randy Kunert
Dylan Lampe
Lisa Lavalie
Cherry Madole
Susan Madorsky
Josh Mandelbaum
Soozie McBroom
Keshia Messner
Maureen Mondora
Katie Patterson
Emily Powell
Dave Price

Emily Price
Diane Rasmussen
Cassie Sampson
Jackie Schmillen
Tim Schott
Brad Schroeder
Traci Shoemaker
Lou Sipolt
Gina Skinner-
Thebo
Teresa Vanfleet-
Danos
Wicker Van Orsdel
Hunter Wilhelm
Kyrie Wong
Amanda Young

We wrapped up 2018 with the final six 40th Anniversary Event Series events and continued the celebration with our 20th Annual YWRC Gala in April of 2019. Below is a glimpse of the fund- and friend-raisers we hosted during FY18-19.



WOMEN & ART EXHIBIT

114 attended; \$469 raised
July 6, 2018
YWRC

CELEBRITY SERVERS NIGHT

624 attended; \$64,400 raised
October 1, 2018
Centro and Django

40/30 CELEBRATION

70 attended; \$200 raised
December 8, 2018
YWRC

BIKES & BREWS

100 attended; \$868 raised
August 5, 2018
Captain Roy's

PCWA BASKET AUCTION

111 attended; \$28,479
October 18, 2018
The River Center

YWRC GALA

600 attended; \$129,656 raised
April 13, 2019
The Ron Pearson Center

SEX TRIVIA NIGHT

106 attended; \$690 raised
September 12, 2018
Ingersoll Tap

FEMALE FIRSTS

215 attended; \$227
November 5, 2018
State Historical Museum of Iowa

SEX TRIVIA NIGHT

83 attended; \$1035 raised
June 25, 2019
Ingersoll Tap

YEAR IN FINANCIALS

1289

of individual donors

\$282

Average individual gift

of new first time individual donors

348

Average major gift (equal to or more than \$2,500)

\$3885

\$226,024

Total amount raised from special events throughout FY18-19

REVENUES



- United Way - 27%
- Contracts - 14%
- Contributions - 52%
- Investment Income - 7%

CONTRIBUTIONS



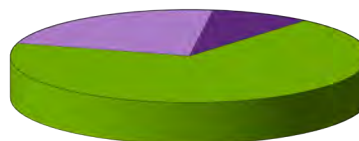
- Special Events - 51%
- Corporations and Foundations - 26%
- Individual Giving - 23%

EXPENSES



- Fundraising - 15.4%
- Program Services - 76.3%
- Administration - 8.3%

PROGRAM EXPENSES



- Indirect Program - 9%
- Personnel - 68%
- Direct Program - 23%

THANK YOU for your generosity and ongoing support!

The YWRC gratefully acknowledges the individuals, businesses and foundations who generously contributed support between July 1, 2018 and June 30, 2019. These charitable gifts allow us to continue assisting girls and young women in Greater Des Moines to discover their abilities and pursue their goals.

Every effort has been made for complete accuracy in our donor recognition, which can be seen on pages 10 - 14. If you have corrections, or are interested in ways to show additional support for the YWRC, please contact us at 515.244.4901 or ywrc@ywrc.org.



“Our mission at The Women’s Barbell Classic is to raise the bar for women in our community. We recognized that the YWRC was doing that in so many ways. We were grateful our community saw the work this incredible organization does and chose to help us support them.”

GRANTS & CORPORATE MATCHING GIFTS

Thank you to the following grantees and corporations for their support:



**United Way
of Central Iowa**

The YWRC is proud to be a United Way of Central Iowa member agency. Their guidance and support enhance our credibility and strengthen our services.

\$20,000 - \$49,999



\$10,000 - \$19,999



\$5,000 - \$9,999

Iowa Foundation for Education,
Environment and the Arts



"I LOVE LEARNING
NEW THINGS AND
HOW EVERYONE CAN
BE THEMSELVES."
- YOUNG MOMS
PARTICIPANT

\$1,000 - \$4,999

ACT, Inc.
Meredith Corporation
Sammons Financial
Group
West Bank

Government Contracts

County Adolescent Pregnancy Prevention
Des Moines Public Schools
Polk County Crisis and Advocacy
Victim Services Support Program

EXAMPLES OF THE IMPACT A DONATION TO THE YWRC CAN HAVE

\$1000

one year of After School
group for one client

\$500

individualized doula
support for a young mom

\$250

a six-week Empowerment
Group for one client

\$150

three hours of individual
support for a young mom

\$50

one hour of therapy to
help overcome trauma

\$25

transportation for five
participants to

SPONSORSHIPS

\$10,000

SAMMONS
FINANCIAL GROUP

Thank you to the following supporters for sponsoring the YWRC during FY18-19:

\$5,000



AUREON



DARDIS COMMUNICATIONS



\$2,500

Creme Cupcake + Dessert
Kum & Go
Georgette and Ted Longnecker
Brad and Michelle Morford
Maria and Dave Volante
Wellmark Blue Cross and Blue Shield

SPONSOR SPOTLIGHT: BANKERS TRUST

Bankers Trust has been a strong supporter of the Young Women's Resource Center for the past twenty years. As the largest community bank in Iowa, Bankers Trust supports more than 200 local non-profits each year and its employees support the community through more than 18,000 volunteer hours.



Amanda Young, SVP of Human Resources at Bankers Trust, currently serves on the YWRC board and several other Bankers Trust employees serve on a variety of YWRC committees.

Bankers Trust team members especially enjoy attending the YWRC Gala each April where women are honored for the work they do to support other women in Central Iowa.

\$1,500

Brick Gentry P.C.
DMACC
Jester Insurance Services
Kemin Industries
Meredith Corporation
RSM US LLP
Shattered Glass Development

SPONSORSHIPS

Thank you to the following YWRC 40th Anniversary Sponsors!

Presenting Sponsor:
\$12,500



Louise's Legacy Sponsor:
\$10,000

Ellen and Jim Hubbell

Champion Sponsor:
\$10,000



Gold Sponsor: \$7,500



Louise's Leaders: \$5,000

**Teri and Dave Button
Dan and Joanie Houston**

Purple Sponsors: \$5,000

Aureon
American Equity Insurance
Bankers Trust
Meredith Corporation
Corteva AgriScience™ Agriculture Division
of DowDuPont™
Principal Foundation
UnitedHealthcare Community Plan

Green Sponsors: \$2,500

DMACC
Holmes Murphy
Jester Insurance Services
Kamen Granite & Marble Tops, Inc.
Project 7 Design
Wellmark Blue Cross and Blue Shield
Wells Fargo

Louise's League Sponsors: \$2,000

Julie Bruntz
Zora and Chris Burch
Heidi and Ward Buttolph
Judy Davis
Jann Freed and John Fisher
Margaret Jensen Connet
Ron and Jennifer Hansen
Candence and Brian Hurley

Kari and Keith Karpinske
Georgette and Ted Longnecker
Dan and Tina Smith Fritz
Maria and Dave Volante
Martha A. Willits
Connie Wimer
Amanda and Brandon Young



Note: 40th Anniversary Sponsor donations were recorded for the 2017-2018 Fiscal Year.

THANK YOU

Sincere appreciation to all of our generous donors for investing in the YWRC:

\$10,000 +

Denny and Candy Elwell
Foundation
Women's Barbell Classic

\$5,000 - \$9,999

Bethany Crouch
Krista and Dean Tanner
Susan Terry Knapp and
Bill Knapp

\$2,500 - \$4,999

Andrea and Greg Abel
Pamela Bass-Bookey and
Harry Bookey
Heidi and Ward Buttolph
Teri and David Button
Drake Law Women
Kathy and Herb Eckhouse
Rhonda and Mark Elming
Aletha and Kevin Gabbert
Thomas J. and Sally Graf
Threase Harms-Wagaman
and Rick Wagaman
Dan and Joanie Houston
The Fred and Charlotte Hubbell
Foundation
Kari and Keith Karpinske
Joyce and Terry Lillis
Stacey and Frank Neu
Mary O'Keefe and Jeff Nall
Kay and Robert Riley
Carolyn and Adam Ruan
Angela and Doug Stark
David Yepsen and Mary Stuart
Unitarian's Faith in Action
Partnership
John Carstensen and Scott
Valbert
Dave and Maria Volante
Amanda and Brandon Young

\$1,000 - \$2,499

Dzenita Bahtic
Sudka and Muso Bahtic
Jennie Balcom and Mark
Glowacki
Virginia and Matt Barrette
Amy Beck
Rona Berinobis
Shannon and Jeremy Bielski
Craig and Tracy Branch
Britt and Dr. Barron Bremner Fund
Joseph S. Brick and Janet L.
Brick Foundation
Rebecca Brommel
Julie Bruntz
Peggy and Tom Burke

Dan and Linda Carpenter
Cindy and Garry Cox
Judy Davis
Dr. Richard Deming
Kim Donaldson
Samuel and Stephanie Early
Faith Elder
Madison Fiedler-Carlson
Jann Freed and John Fisher
Tina Smith Fritz and Daniel Fritz
Ann Flood
John and Ann Ghrist Family
Foundation
Alyssa Gisch
Elizabeth A. Goodwin
Lynn and Steve Graves
Kathy and Scott Green
Kristin Griffith and Nagjije Ferataj
Ron and Jennifer Hanson
Loraine Hardin
Sara and Chris Harlan
Karen and Christopher Henderson
Karman Hotchkiss
Anne Howsare Boyens and Jesse
Boyens
Cooper and Alex Hubbell
Debbie and Michael Hubbell
Ellen and Jim Hubbell
Brian and Candence Hurley
Tim and Michele Johnson
Tamra and Dave Jurgemeyer
Sofia and Norbert Kaut
Karmen Granite and Marble
Tops, Inc.
Molly Kottmeyer
Jill and Derek Lippincott
Christine Long
Cherry Madole
Meghan C McCoy
Heather McDermott
RSM McGladrey
Betsy and Jayson McVay
Mid Iowa Fertility
Brad and Michelle Morford
PDM Precast
Brenda and John Reiher
Kelly D Rush and Mary K Rush
Carissa Nadine Schmidt
Iris Post and Roger Scholten
Karen Shaff and Steve Jayne
Jerry Sharpe
Marjorie Spuzello
Richard and Christina Stevens
Jon and Nancy Turner
Teresa VanFleet Danos
Paul Larson and Deana Voth
Susan Watson
Megan West

Mark and Karrie Weinhardt
Rich and Kim Willis
Regan Wilson

\$500 - \$999

Emily and Cory Abbas
Leigh Anne Anderegg
Jeanne Anderson
Rich and Rose Anderson
Valoree Armstrong
Kimberley Baer
Jennifer Bailey
Judith Balsman
Susan Barnes
Katherine Barton
Barbara Beatty
Holley and Reed Bermel
Sandeep Bidani
Meggan and Tim Bierbaum
Kirsten Bosch
Donald and Patricia Brandt
Trinity Braun
Elizabeth and Larry Bredeson
Annie and John Brees
Margaret Brennan
Mathilde Brown Swanson and
Richard Swanson
Sara Brown
Mary and Doug Bruce
Kim Butler
Sandra and Dean Carlson
Elizabeth Carter
Mary H. Cawley
Dr. Roger and Kimberly Ceilley
Alicia and David Claypool
Megan and Adam Claypool
Jim and Cathy Clough
Linda and Chris Cook
Covenant Presbyterian Church
Women
Patty and Jim Cownie Charitable
Foundation
Kristy Dahl Rogers
Jennifer De Kock
Diversified Management Services
Susan Dobrosavljevic
Brad and Kelly Edmister
Rebecca Ellens
Fiedler and Timmer, PLLC
James and Martha Fifield
Judy and Marshall Flapan
Adam Foresman
Aphrodite and John Forsyth
Janelle Friedman
Sarah Gardner and Thomas
Frolick
Roger and Barbara Grefe
Sandra Githens

Jennifer Hahn
Cheryl Harding
Margaret Hibbs

Daniel and Charles Hoffman-
Zinnel
Shanon Lisa Hounshell
Brandon Igyarto
Lori and Mark Iles
Marilyn S. Jeffries
Whitney Judkins
Lisa and Richard Kinnear
Mary Koger
Stephanie Koltookian
Julia Lawler-Johnson and J.
Scott Johnson
Allison Lindner
Ted and Georgette Longnecker
Clint Luth
JoAnn and Joel Lynn
Katherine and Josh Mandelbaum
John and Jean Matovina
Katelynn McCollough
Katherine McClure
Gene McCracken
Angelika and Allen Merz-
Rosendale
Jesse Miller
Sharon Miller
Maura Nelson and James Stick
Owen J and Doris Jean Newlin
Sean and Jamie O'Brien
Tracy and Richard Oliver
Lillis O'Malley Olson
Jenny O'Neil Stumberg and Curt
Stumberg
Bryan and Katie O'Neill
Stacie and Austin Palmer
Carmen Patrick
Emily Price
Richard and Nancy Profit
Charles and Dana Ramos
Abi Reiland
RE/MAX Concepts
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YOUNG WOMEN'S RESOURCE CENTER

The Young Women's Resource Center (YWRC) is a nonprofit organization that supports, educates and advocates for girls and young women* ages 10-21 in the Greater Des Moines area. We offer small groups and individual support focused on self-esteem, healthy relationships and reproductive health. Young Moms receive additional support focused on parenting skills and understanding the importance of education.

Founded in 1978 by Louise Noun and community activists, the YWRC meets girls and young women where they are and empowers them to discover their abilities and pursue their goals.

The YWRC believes that EVERY girl and young woman deserves a life of possibilities.

*We define "girls and young women" as any persons who have been socialized and/or identify as female.



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