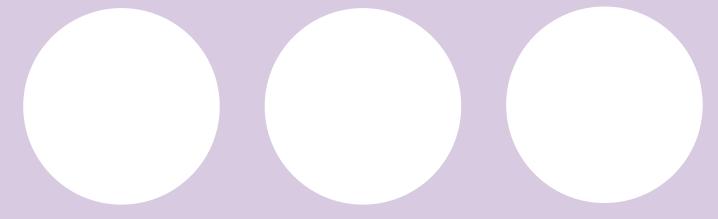


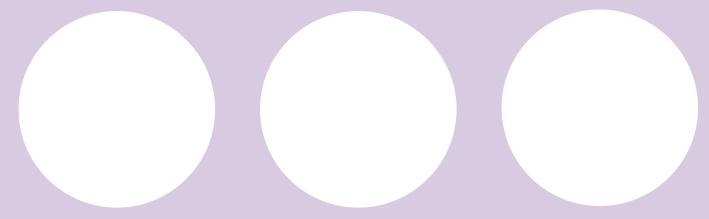
## MY TOP THREE

Fill each circle with a drawing, words or both corresponding to the prompt.

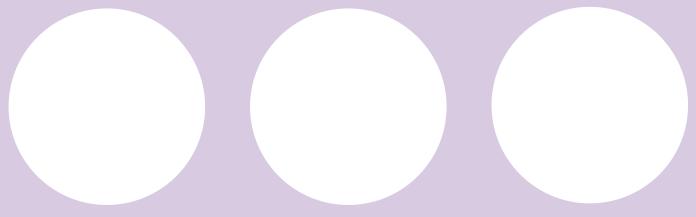
3 WAYS I CAN PRACTICE SELF-CARE



3 THINGS I'M MOST GRATEFUL FOR



3 THINGS I LOVE MOST ABOUT MYSELF



Want to share your Top Three? Post a photo on Facebook, Twitter and/or Instagram and tag us!