

Happy New Year's Eve!

What a wonderful time of year for us to pause, reflect, and set intentions for the next year.

As I think back on 2022, I hold enormous space for gratitude and hope. Our community has consistently shown up for Young Women's Resource Center participants and our mission. **Throughout the past few years when so much has been unknown, we were supported by you all - thank you.** I am full of awe and thankfulness to know how much our mission to empower local girls and young women means to you, and how committed you remain to centering their needs so they may have lives full of possibilities. When we view the world around us, it brings vision and clarity to the ongoing work that needs to occur.

This past year, we were finally able to get back to consistently meeting in-person and reached more than 1,000 girls and young women! The focus in 2022 was to hold groups in-person and get back into schools to expand our reach. It has been a challenge, but also a great reward to see participants access our services again or meet with us for the first time. We are thrilled to be back to pre-covid numbers and to put forth efforts to further our reach. All girls and young women deserve to have a safe space to feel empowered, seen and valued. We consider ourselves lucky to be able to provide that space.

As we look forward to 2023, we are filled with dedication to meeting our community's needs and anticipation in making a significant impact for local girls and young women:

- We will continue to strive to teach, mentor, and build skill-sets that will prove to alter one's ability to face hard and difficult moments in life.
- We will invest in teaching about healthy relationships and building positive connections for participants to increase their self-esteem and confidence.
- We will guide and educate young mothers to raise strong, confident children and challenge systems moving forward.
- We will continue to hold the space for each and every girl that comes to us and needs one trusted adult to confide in.
- We will keep showing up in our community, just like you have shown up for us.

Thank you for joining us in our work this year, I am so very thankful. I hope you all had a wonderful holiday season and wish you the very best new year. I will see you all next year!

Gratefully,

Kari Zimmerman, LMSW

Executive Director

